

Safewards Victoria 4th Annual Forum

Embracing diversity and innovation

by the Office of the Chief Mental Health Nurse

When

Tuesday 29 October 2019
9.00am – 3.15pm AEST
Registration at 8.30am

Where

Olympic Room (Enter Gate 3)
Melbourne Cricket Ground
Brunton Avenue, Richmond
Catering provided on the day

Register by email

SafewardsVictoria@dhhs.vic.gov.au
Registrations close 15 October 2019

Important: Only registered participants
will be able to enter the venue.
Bag checks will be required on the day.

The Victorian Government and the Office of the Chief Mental Health Nurse are committed to reducing restrictive practice across Victoria.

Safewards is an evidence-based model initially designed to prevent conflict and increase safety for staff and patients in mental health settings.

Safewards identifies opportunities for staff and patients to work together – increasing safety and mutual support.

Safewards Victoria has now been implemented across the State of Victoria with growing interest, interstate and globally.

This year the forum aims to give back to the sector by:

- celebrating our collaborative achievements
- providing opportunities to embrace and celebrate the people we work with
- inspiring innovative ideas for the work that we do.

Safewards ongoing success is owed to staff and leaders at services who are committed to driving positive change.

<https://www2.health.vic.gov.au/Safewards>



Program

8.30 am	Registration	
9.00 am	Introduction	Kim Koop AM <i>Facilitator</i>
9.05 am	Welcome address	Anna Love <i>Chief Mental Health Nurse, DHHS</i>
9.15 am	Walk the extra mile with Safewards.	Geoff Brennan <i>UK</i>
9.55 am	'...people will never forget how you made them feel.' Maya Angelou	Julie Anderson <i>DHHS</i>
10.10 am	Embracing innovation in the shift from Big Psychiatry to Big Community.	Mary O'Hagan <i>NZ</i>
10.50 am	Morning tea	
11.20 am	Safewards in Tasmania: the highs and lows	Cat Schofield and Adrian Bols <i>TAS</i>
12.00 pm	One Life. Improve Many.	Dr Jordan Nguyen <i>NSW</i>
1.00 pm	Lunch and Networking Art by Mental Health Foundation	
2.00 pm	Safewards in emergency departments: implementation and adaptation so far...	Cathy Daniel, Monique Rosenbauer, Ashleigh Ryan, Rebecca Papasavvas, <i>ED pilot team</i>
2.15 pm	Lost and found in translation.	Joanne Clayton <i>St Vincent's Hospital</i>
2.30 pm	Question, with a purpose.	Lisa Spong <i>Bendigo Health</i>
2.45 pm	Workshop with a difference!	Lawrence Nulty <i>Ballarat Health</i>
3.15 pm	Reflections and close	Kim Koop AM

Biographies



Dr Jordan Nguyen

Dr Jordan Nguyen, is one of Australia's most innovative engineers. He is committed to improving the lives of as many people as possible, and to becoming a driving force behind both human and technological evolution as we move into the future.

An internationally renowned engineer for humanity, Jordan designs life-changing technologies to transform the lives of people with disability, and the elderly. He is doing this through his role as founder of Psykinetic, a social business committed to bringing positive, sustainable and life-altering change. He shares his adventures through documentaries across the world.

Inspired by human endeavour, Jordan has big ambitions to see our world step consciously and creatively into a better future.



Mary O'Hagan

Mary O'Hagan was a key initiator of the psychiatric survivor movement in New Zealand in the late 1980s, and was the first chairperson of the World Network of Users and Survivors of Psychiatry between 1991 and 1995. She has been an advisor to the United Nations and the World Health Organization. Mary was a full-time Mental Health Commissioner in New Zealand between 2000 and 2007.

Mary is a consultant in mental health and wellbeing and is the director of the international social enterprise PeerZone, which provides peer support and resources for people with mental distress. Mary has written an award-winning memoir called 'Madness Made Me'. She was made a Member of the New Zealand Order of Merit in 2015 and was awarded the Wellington Gold Awards New Thinking Award in 2017. All Mary's work has been driven by her quest for social justice for one of the most marginalised groups in our communities.



Geoff Brennan

Geoff is Northern Irish, did his first training as a registered nurse for learning disabilities and then mental health nurse training. Geoff has worked in, on and around mental health wards for over thirty-five years. In that time, he has been in just about every position a clinical nurse can have – health care assistant, staff nurse, charge nurse, practice development lead, nurse tutor, nurse researcher and nurse consultant. Occasionally he has worked with really smart people – like professor Len Bowers. It was Len who recruited Geoff in 2013 to help with the Safewards research trial and subsequent dissemination.

Since 2016, Geoff has run a consumer founded charity "Bright". He is in charge of the Star Wards project (www.starwards.org.uk) for acute inpatient wards. In this role he has continued to support acute care by developing user-friendly resources, providing training, cheerleading, and assisting the national and international dissemination of the good practice. Geoff has presented Star Wards and Safewards in Australia, Europe, and many parts of the UK. During one trip to Melbourne in 2015 he had a few drinks, went to the MCG and became a Bulldogs fan. He also provides the jokes for the @safewards and @starwards twitter accounts – although they would like him to stop now.