

# There's a new Mental Health & Wellbeing Act

From September 2023, Victoria has a new Mental Health and Wellbeing Act.

This means there will be important and positive changes for Victorians receiving mental health and wellbeing treatment, care and support – as well as their families, carers, supporters, and the workforce.

The new Act puts people at the centre, so that all Victorians receive safe, inclusive and compassionate care when they need it and where they need it.

A photograph of a woman and a young man sitting at a table, laughing together. The woman is on the left, wearing a white t-shirt, and the young man is on the right, wearing a dark blue t-shirt. They are both looking at each other and laughing heartily. The background is slightly blurred, showing a home interior with shelves.

**Achieving the highest possible standard of mental health and wellbeing for Victorians.**



**Scan the QR code**

to find out more about these changes or visit [health.vic.gov.au/mental-health-and-wellbeing-act](https://health.vic.gov.au/mental-health-and-wellbeing-act)



Department  
of Health