

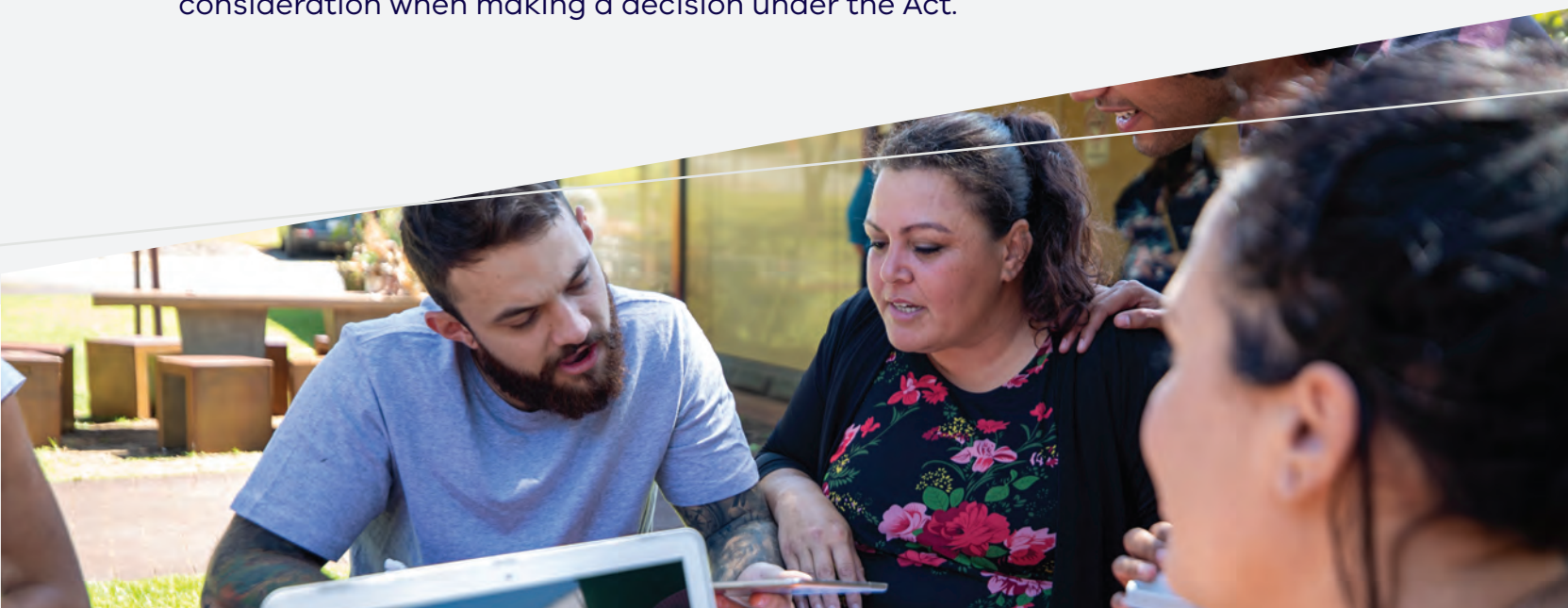
# Mental Health and Wellbeing Principles

The *Mental Health and Wellbeing Act 2022* includes a set of core mental health and wellbeing principles.

**The principles are:**

- Dignity and autonomy
- Diversity of care
- Least restrictive
- Supported decision making
- Family and carers
- Lived experience
- Health needs
- Dignity of risk
- Wellbeing of young people
- Diversity
- Gender safety
- Cultural safety
- Wellbeing of dependents

Mental health and wellbeing service providers must make reasonable efforts to comply with these principles and give the principles proper consideration when making a decision under the Act.



**Scan the QR code**

to find out more about the principles  
or visit [www.health.vic.gov.au/mental-health-and-wellbeing-act-principles](http://www.health.vic.gov.au/mental-health-and-wellbeing-act-principles)



Department  
of Health