# PDPT clinical flowchart

#### Patient with a positive chlamydia test

Index patient attends clinic for treatment of chlamydia (see Australian STI Management Guidelines <a href="https://sti.guidelines.org.au/">https://sti.guidelines.org.au/</a>).

### Discuss notifying and managing sexual partners and suitability for PDPT

- Partners from the past six months need to be notified and seek testing and/or treatment
- Health practitioners should discuss options for how to inform partner/s (for more partner notification information, see <u>Australasian Contact Tracing Manual <a href="http://contacttracing.ashm.org.au/">http://contacttracing.ashm.org.au/</a>)
  </u>
- Consider if PDPT is appropriate for the patient

Note: PDPT can be supplied for any partner with whom unprotected sexual intercourse occurred in the past six months.

# PDPT recommended

- Heterosexual patients
  diagnosed with uncomplicated
  oropharyngeal or anogenital
  chlamydia whose partner/s are
  unable or unlikely to seek
  timely chlamydia testing and/or
  treatment
- Heterosexual patients diagnosed with repeat infection

#### PDPT not recommended

- Patients diagnosed with chlamydia AND other STI
- Patients whose partners are pregnant\*
- Patients who have experienced recent sexual assault or may be at risk of partner violence
- Patients or partners who may be at increased risk of HIV or other STI (e.g. men who have sex with men)
- Partners with any genital symptoms

\*Note: Azithromycin is safe in pregnancy, but pregnant people and their partners should see their doctor first to have other STI excluded.

#### Offer PDPT

- Explain and offer PDPT to patient
- Record PDPT offer in the medical record

PDPT accepted

PDPT not accepted

# Do not offer PDPT

## Continue with other partner management options

- Make a note in the patient's medical record that partner management was discussed
- Consider other options as per the Australasian Contact Tracing Manual Note: Specialist clinical support is available via Health Pathways and Melbourne

Provide the patient with either a prescription for 1 gram azithromycin for the partner/s OR supply them with additional doses of 1 gram azithromycin to give to their partner/s.

Sexual Health Centre.

Provide information for patients and partner/s (see FAQs for patients and partners on the <u>main PDPT page</u> <a href="https://www.health.vic.gov.au/publications/patient-delivered-partner-therapy-clinical-guidelines">https://www.health.vic.gov.au/publications/patient-delivered-partner-therapy-clinical-guidelines</a>) that summarises information about azithromycin, chlamydia, PDPT, contact details of the clinic providing the prescription and the means to seek healthcare.

#### **Document PDPT**

In the patient's medical notes, record:

- patient accepted PDPT for their sexual partner/s
- number of partners PDPT was accepted for, each partner's name and address, and PDPT method (prescription or supply)
- PDPT information provided for patient and their partner/s
- advice given that antibiotics should be taken immediately and to abstain from sex for seven days after taking the
  antibiotics.

Note: If the partner is a patient of the clinic the prescription can be stored in the partner's medical record. If the partner is not a patient of the clinic the prescription can be handwritten or generated via a template in the index patient's electronic medical record. See Appendix 2 for a prescription template.

## Patient review

- Review in one week to confirm patient adherence with treatment and partner notification
- A test of cure is not routinely recommended, unless the patient is pregnant or has rectal chlamydia
- Recall and retest patients in three months to detect reinfection. Consider testing for other STI and HIV
- Consider asymptomatic STI checks for people in accordance with the revised Australian STI Management Guidelines (see <u>Standard Asymptomatic Check-up</u> <a href="https://sti.guidelines.org.au/standard-asymptomatic-checkup/">https://sti.guidelines.org.au/standard-asymptomatic-checkup/</a>).

To receive this document in another format, <u>email the Prevention and Population Health Branch</u> <a href="mailto:sbvsti.information@health.vic.gov.au">bvsti.information@health.vic.gov.au</a>.

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