

The Victorian Health System

| ဝံးထီရံၤယါဆူၣ်ချုတ်ရဲၣ်တၢ်ကျဲၤ

Welcome to the Victorian healthcare system. Treatment, care, education, and disease prevention for everyone in Victoria.

At the heart of the Victorian healthcare system is you. Healthcare professionals work together to provide care to their communities. Across both public and private hospitals, medical clinics, community health centres, and private general and specialty practises.

Healthcare services include mental health, alcohol and drugs, aged care, disability, pregnancy and birth, children, family, and relationships, emergency, palliative care, carer support, and more.

The public system is provided by all levels of government, local, state, territory, and the Australian government, and it provides its services either free or at a subsidised cost.

Medicare is the public health insurance scheme that provides rebates to qualifying people. Medicare provides you with free public hospital treatment and subsidised healthcare and pharmaceuticals. The private system comes with a fee-based structure for its range of services, and it offers greater choice.

Allied health professionals work in private practise, hospitals, and community health services.

Pharmacists provide services in local chemists or pharmacies as well as in hospitals and community health services.

တၢ်တူၢ်လိာ်မုၢ်ဆူၣ်ဝံးထီရံၤယါဆူၣ်ချုတ်ကဟုကယၢ်တၢ်ရဲၣ်တၢ်ကျဲၤအပူၤလီၤ.

တၢ်ကူၤစါယါဘျါ, တၢ်ကဟုကယၢ်, တၢ်ကူၤဘၣ် ကူၣ်သ့, ဒီးတၢ်ဒီသဒၢတၢ်ဆူးတၢ်ဆါ.

လၢဝံးထီရံၤယါဆူၣ်ချုတ်ကဟုကယၢ်တၢ်ရဲၣ်တၢ်ကျဲၤသးကံၢ်ပူၤန့ၣ်, မ့ၢ်ဒၣ်န့ၣ်လီၤ. ဆူၣ်ချုတ်ကဟုကယၢ်အပူၤအိၣ်ဒီးကံၢ်စီတၢ်သ့တၢ်ဘၣ်တဖၣ်မၤသကိးတၢ်လၢတၢ်ဒုးအိၣ်ထီၣ်တၢ်ကဟုကယၢ်ဆူၣ်အပူၤတၢ်တဖၣ်အအိၣ်လီၤ. လၢတၢ်ဆါဟံၣ်ဘၣ်ဃးက မျါဒီးပုၤနီၣ်တၢ်တၢ်ဒၣ်ခံမံၤလၢဒ်, ကသံၣ်ဒၢတဖၣ်, ပုၤတၢ်ဆူၣ်ချုတ်လီၤတဖၣ်, ဒီးတၢ်ကူၤစါယါဘျါညီန့ၣ်ဒီးလီၤလီၤဆီလၢအဘၣ်ဃးဒီးပုၤနီၣ်တၢ်တၢ်ဒၣ်တဖၣ်.

ဆူၣ်ချုတ်ကဟုကယၢ်အတၢ်ဟ့ၣ်မၤန့ၣ်ခဲးတဖၣ်ပၤဃုၣ်ဒီးနီၣ်သးဆူၣ်ချု, သံးစီၤကံၢ်စီၤဒီးကသံၣ်မူၤဘျီး တဖၣ်, တၢ်ကဟုကယၢ်ကွၢ်ထွဲသ့ၣ် ကုသးပုၤ, ပုၤ ကွၢ်တဖၣ်, ဟုးသးဒီးတၢ်အိၣ်ဖျါ, ဖိသံၣ်တဖၣ်, ခူၣ်ဖိထၢဖိ, ဒီးတၢ်ဘၣ်ထွဲလိာ်သးတဖၣ်, ဝုၤဂီၢ်အူ, တၢ်ကဟုကယၢ်ကွၢ်ထွဲပုၤလၢဘူးထီၣ်ကသံ, တၢ်တီၤစၢၤမၤစၢၤဟံၣ်ဖိဖိဒီးအါန့ၣ်အန့ၣ်တဖၣ်လီၤ.

ကမျါတၢ်ရဲၣ်တၢ်ကျဲၤန့ၣ်တၢ်ဟ့ၣ်မၤစၢၤလီၤဒီဖျါလၢပဒိၣ်အပတီၢ်ခဲလၢဒ်, လီၢ်ကဝီၤ, ကီၢ်ခဲၣ်, လီၢ် ဟံၣ်ကဝီၤဒီးအိးစံၤထွဲလၢပဒိၣ်, ဒီးဟ့ၣ်မၤစၢၤလီၤအတၢ်ဟ့ၣ်မၤန့ၣ်ခဲးတဖၣ်လၢအကလိမ့တမ့ၢ် လၢတၢ်မၤပုၤစၢၤန့ၣ်အပူၤတနီၣ်လီၤ.

မဲဒိၣ်ခဲရဲမ့ၢ်ဝဲဒၣ်ကမျါဆူၣ်ချုတ်အုၣ်ကီၤတၢ်တိၣ်ကျဲၤလၢဟ့ၣ်မၤစၢၤကဒါကွၢ်ကျိၣ်စူဆူၣ်အိၣ်ဒီးခွဲးယၢ်လၢကြားန့ၣ်ကဒါကွၢ်န့ၣ်လီၤ. မဲဒိၣ်ခဲရဲဟ့ၣ်မၤစၢၤန့ၣ်တၢ်ကူၤစါယါဘျါကလိလၢကမျါတၢ်ဆါဟံၣ်ဒီးမၤပုၤစၢၤန့ၣ်တၢ်လၢဒ်ဘျီလၢစုၤလၢဆူၣ်ချုတ်ကဟုကယၢ်ဒီးကသံၣ်ကသီတဖၣ်အဂီၢ်လီၤ. တၢ်ရဲၣ်တၢ်ကျဲၤဘၣ်ဃးဒီးပုၤနီၣ်တၢ်တၢ်ဒၣ်အံၤပၤ ဃုၣ်တပူၤဃီဒီး တၢ်မၤကလိန့ၣ်အတၢ်တိၣ်ကျဲၤလၢတၢ်မၤန့ၣ်ခဲးတဘျီးမံၤအဂီၢ်, ဒီးဟ့ၣ်လီၤတၢ်ဃုထၢခွဲးယၢ်အဒိၣ်အမုၢ်န့ၣ်လီၤ.

ဆူၣ်ချုအပူၤမၤဃုၣ်မၤသကိးတၢ်တဖၣ်မၤတၢ်ဖဲဆူၣ်ချုဝဲလီၢ်လၢ အဘၣ်ဃးဒီးပုၤနီၣ်တၢ်တၢ်ဒၣ်, တၢ်ဆါ ဟံၣ်တဖၣ်, ဒီး ပုၤတၢ်ဆူၣ်ချုတ်မၤန့ၣ်ခဲးတဖၣ်န့ၣ်လီၤ.

ပုၤဖီၣ်ကသံၣ်ကသီတဖၣ်ဟ့ၣ်လီၤတၢ်မၤန့ၣ်ခဲးလၢလီၢ်ကဝီၤကသံၣ်ကျးပုၤတဖၣ် မ့တမ့ၢ်လၢကသံၣ်ကျးဃုၣ်ဒီးတၢ်ဆါဟံၣ်တဖၣ်ဒီးပုၤတၢ်ဆူၣ်ချုတ် မၤန့ၣ်ခဲးတဖၣ်န့ၣ်လီၤ.

One of the best places to get started on your healthcare journey is with your local GP. Creating an honest and open with your local doctor enables the both of you to work together to find the best treatment options available to you. For example, if you had been experiencing ongoing problems with your hip or knee, your GP may refer you to an orthopaedic surgeon. Referrals require specialists to write a diagnosis and management plan back to the referring GP. Your GP may receive many updates, from imaging, to blood tests, and instructions for further care. And you can discuss these results with your GP if further clarification is required.

If you're in an emergency situation, then call 000, or visit the emergency department of your local hospital. Emergency departments are for critical care patients. Where many patients present simultaneously, emergency departments use triage, which is the process of determining the priority of patient's treatments based on the severity of their condition. Triage aims to ensure that patients are treated in the order of their clinical urgency, which refers to the need for timely critical intervention.

For after-hours medical issues that are not emergencies there are a range of options available to you, like after hours GPs and locum services. Some private hospitals will also have emergency departments which may have shorter wait times, but there will be a cost involved for treatment.

တၢ်လီၤအဂၢၢ်ကတၢၢ်လၢကစးထီၣ်န့ၣ်ချ့တၢ်ကဟုကယၢ်တၢ်လဲၤကွဲၤအံၤန့ၣ်မ့ၢ်ဝဲဒၣ်ဒီးန့ၣ်လီၤကဝီၤန့ၣ်ဖိထၢဖိကသံၣ်သရၣ်လီၤ. သ့ၣ်ထီၣ်တၢ်ကတၢၢ်လၢကစးအတီၢ်အလီၤဒီးဖျိဖျါဖျါဃုၣ်ဒီးဒီးန့ၣ်လီၤကဝီၤကသံၣ်သရၣ်န့ၣ်ဒုးညီထီၣ်သုဝဲခံၣ်လၢကမၤသကိးဃုၣ်တၢ်လၢတၢ်ဃုထံၣ်တၢ်ကူစါယါဘျီတၢ်ဃုထၢအဂၢၢ်ကတၢၢ်လၢအအိၣ်ပၢ်လဲၤလၢနဂီၢ်လီၤ. အဒိ, န့ၣ်မ့ၢ်ဖျိကွၢ်ဆၢၣ်မဲၣ်ဘၣ်တၢ်ကီၢ်တၢ်ခဲလၢအဆၢတတံၣ်ဘၣ်ဒီးန့ၣ်ယီၤတဲၣ်ခိၣ်မ့ၢ်တမ့ၢ်ခိၣ်လုၣ်ခိၣ် န့ၣ်, န့ၣ်ဖိထၢဖိကသံၣ်သရၣ်ကဆၢၣ်ဃီၤန့ၣ် ဆုၣ်ဒီးထုၣ်ပျါကူးကွဲၤကသံၣ်သရၣ်အအိၣ်န့ၣ်လီၤ. တၢ်ဆၢၣ်ခိၣ်တဖၣ်လိၣ်ကသံၣ်သရၣ်စဲၣ်နီၤအတၢ်ကွဲၤဖျါတၢ်ဆါအမံၤဒီးတၢ်ပၤဆၢတၢ်တိၣ်ကျဲၤဆူကသံၣ်သရၣ်လၢအဆၢၣ်ခိၣ်တၢ်အအိၣ်လီၤ. န့ၣ်ဖိထၢဖိကသံၣ်သရၣ်ကဒီးန့ၣ်ဘၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအသီတဖၣ် စးထီၣ်လၢတၢ်ဒိန့ၣ်ကွၢ်ဂီၤ, တုၤတၢ်သမံၤမိးကွၢ်သွံၣ်ဒီးတၢ်န့ၣ်ကျဲၤလၢဆူညါတၢ်ကဟုကယၢ်အဂီၢ်လီၤ. ဒီးန့ၣ်တၢ်ပိၣ်သကိးတၢ်အစၢတဖၣ်အံၤလၢန့ၣ်ဖိထၢဖိကသံၣ်သရၣ်သုဝဲဒၣ်ဖဲန့ၣ်လိၣ်အါထီၣ်တၢ်တဲ န့ၣ်ပၤအါန့ၣ်လီၤ.

န့ၣ်မ့ၢ်အိၣ်လၢဂ့ၢ်ဂီၢ်အူတၢ်အိၣ်သးအပူၤဒီးကိးလိတဲစိ ၀၀၀, မ့ၢ်တမ့ၢ်လဲၤဆူဂ့ၢ်ဂီၢ်အူဝဲၤကျိၤအိၣ်လၢန့ၣ်လီၤကဝီၤတၢ်ဆါဟံၣ်တက့ၢ်. ဂ့ၢ်ဂီၢ်အူဝဲၤကျိၤတဖၣ်န့ၣ်မ့ၢ်လၢပုၤဆါအရူဒိၣ်လၢတၢ်ကဟုကယၢ်ကွၢ်ထွဲတဖၣ်အဂီၢ်လီၤ. ဖဲပုၤဆါအါအါဂီၢ်ဂီၢ်ဟဲထီၣ်တဘျီဃီအလီၤန့ၣ်ဂ့ၢ်ဂီၢ်အူဝဲၤကျိၤလုၣ်ကျဲၤလၢတၢ်ကူစါဆိန့ၣ်ပုၤလၢအအိၣ်မ့ၢ်ဒဲးလၢအမ့ၢ်ကျဲၤလၢတၢ်ဆၢတၢ်တိၣ်ကျဲၤစါယါဘျီဆိပုၤဒီးသန့ၣ်ထီၣ်အသးလၢပုၤဆါအတၢ်အိၣ်သးန့ၣ်ထဲလဲၣ်အဖီဒိၣ်လီၤ. ကျဲၤလၢတၢ်ကူစါဆိန့ၣ်ပုၤလၢကအိၣ်မ့ၢ်ဒဲး, တိၣ်ပၢ်ဝဲဒၣ်တၢ်မၤလီၤတၢ်ပုၤဆါတဖၣ်တၢ်ကူစါယါဘျီအီၤလၢအဝဲသ့ၣ်လိၣ်ဆိဘၣ်တၢ်ကူစါယါဘျီအတၢ်အိၣ်သးအဖီခိၣ်, လၢအဘၣ်ထွဲဒီးတၢ်ကူစါယါဘျီလၢလိၣ်ချူးဆၢချူးကတီၢ်န့ၣ်လီၤ.

တၢ်ဆူတၢ်ဆါအဂ့ၢ်ကီၢ်လၢတၢ်ဆၢကတီၢ်တလၢကွံၣ်လၢတမ့ၢ်ဘၣ် ဂ့ၢ်ဂီၢ်အူတဖၣ်အဂီၢ်န့ၣ် တၢ်ဃုထၢခွဲး ယၢ်အိၣ်တဘျီမံၤလၢနဂီၢ်, ဒ်အမ့ၢ်ကသံၣ်သရၣ်ဒီးကသံၣ်ဒၢးတၢ်မၤန့ၢ်ခဲးလၢတၢ်ကူစါဆၢကတီၢ် ဝံၤဝဲခါတဖၣ်လီၤ. တၢ်ဆါဟံၣ်လၢဘၣ်ဃးပုၤနီၣ်တဂၤဒၣ်တနီၤကအိၣ်စ့ၣ်ကိးဒီးဂ့ၢ်ဂီၢ်အူဝဲၤကျိၤတဖၣ်လၢဘၣ်အိၣ်ခိးဆၢကတီၢ်စ့ၣ်ကိၣ်ဖိသ့ၣ်သ့ၣ်, ဘၣ်ဆၢၣ်အပူၤကလံၤကအိၣ်လၢတၢ်ကူစါယါဘျီအဂီၢ်လီၤ.

Ambulance Victoria staff and paramedics provide emergency treatment and transport to an emergency department. Ambulance costs can be expensive, so membership fees are worthwhile. Although the Victorian government oversees the ambulance service, the service is not free to all users. From seeing your local GP, to being treated by specialists, all while have access to world class hospitals and community health services, the Victorian healthcare system is here for you. It is a system that puts you at the centre of your care.

For more information visit www.BETTERHEALTH.vic.gov.au/servicesandsupport.

ဝံးထိရံယယသိလုတ်တီပုဒ်ဆါအပုဒ်မတၢ်ဖိဒီးကသံဉ်သရၢ်တဖၣ်ဟ့ၣ်လီၤမၤတၢ်ဂီၢ်အူတၢ်ကူစါယါဘျါဒီးဝံစိၣ်တီၢ်ဆုၢ်တဖၣ် ဆူဂ့ၢ်ဂီၢ်အူဝဲၤကျိၤအ အိၣ်လီၤ. သိလုတ်တီပုဒ်ဆါန့ၣ်အပုဒ်ဒိၣ်သ့ဝဲဒၣ်လၢ တၢ်န့ၣ်အပိတၢ်ကဲကရၢဖိအဘူးအလဲန့ၣ်ကမ့ၢ်တၢ် ကြားဝဲဘၣ်ဝဲလီၤ. ဝံးထိရံယယအပဒိၣ်ပၢဆုၢ်အံးကွၢ်သိလုတ်တီပုဒ်ဆါအတၢ်မၤန့ၣ်ခဲးဘၣ်ဆၣ်, တၢ်မၤန့ၣ်ခဲးအံၤတမ့ၢ်အကလီလၢပုဒ်သ့တၢ်ကိးဂၤဒဲးအဂီၢ်ဘၣ်. စးထီၣ်တၢ်ထံၣ်လိၣ်သးဒီးန့ၣ်ဖိထာဖိကသံဉ်သရၢ်တုၤဃီၤလၢတၢ်ကူစါယါဘျါန့ၣ်လၢကသံဉ်သရၢ်စဲၣ်နီၤတဖၣ်, ဝဲပုၤကိးဂၤအိၣ်ဒီးတၢ်ဒီးန့ၢ်ဟီၣ်ခိၣ်ဒီဖျါၣ်ပတီၢ်တၢ်ဆါဟံၣ်တၢ်မၤန့ၣ်ခဲးဒီးပုၤတၢ်ဆူၣ်ချတၢ်မၤန့ၣ်ခဲးတဖၣ်အခါန့ၣ်, ဝံးထိရံယယဆူၣ်ချတၢ်ကဟ့ၣ်ကယၢ်တၢ်ရဲၣ်တၢ်ကျဲၤ အိၣ်ဝဲဒၣ်ဖဲအံၤလၢန့ၢ်ဂီၢ်လီၤ. တၢ်အံၤမ့ၢ်တၢ်ရဲၣ်တၢ်ကျဲၤအပၣ်လီၤန့ၣ်လၢန့ၣ်တၢ်ကဟ့ၣ်ကယၢ်အတၢ်ပ ညိၣ်လီၤလီၤလီၤ.

လၢတၢ်န့ၣ်အါထီၣ်တၢ်ဂ့ၢ်တၢ်ကျိၤအဂီၢ်န့ၣ်လီၤကွၢ် ဝဲ www.BETTERHEALTH.vic.gov.au/servicesandsupport တက့ၢ်.