

# Guidelines for Aesthetic Surgery on the Public Hospital Waiting List

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**In general patients who require aesthetic surgery in public hospital should have significant deformity and surgery that is indicated due to disease, trauma or congenital conditions: or it can be demonstrated that the patient's other associated medical conditions deem it necessary for the procedure to be done with medical support available only in a public hospital**

It is the expectation that:

- All patients must stop smoking six weeks prior to the procedure
- BMI should generally be less than 30

## Specific indications for certain aesthetic procedures

<b>Reduction Mammoplasty</b>	When there are significant symptoms or recurrent intertrigo
<b>Augmentation Mammoplasty</b>	Post Mastectomy reconstruction +/- Augmentation for contralateral breast Poland syndrome Post burn reconstruction
<b>Removal of breast prosthesis</b>	+/- Replacement following rupture of silicone prosthesis
<b>Mastopexy</b>	Following significant weight loss eg after gastric banding Correction of significant breast asymmetry following breast reconstruction
<b>Abdominoplasty</b>	Following significant weight loss (eg after gastric banding or due to intertrigo due to the abdominal apron)
<b>Liposuction</b>	Post traumatic pseudolipoma Lipodystrophy Gynecomastia Lymphoedema Flap reduction
<b>Blepharoplasty</b>	Visual obstruction
<b>Meloplasty and Rhinoplasty</b>	Indications for these procedures are covered in the general statement

**If a patient falls outside the above parameters and the treating surgeon feels strongly about the indications for surgery in the public hospital system, the case can be reviewed by an independent panel of plastic surgeons.**