

Sub-Acute Services Strategic Directions Victoria

Main Report

A report to the Department of Human Services

Report commissioned by:
Department of Human Services

Report prepared by:
Sach & Associates
in association with
Healthwise Consulting

Project advisers to the team:
Dr Rob Weller, Medical Director, Royal Talbot Rehabilitation Centre
Dr Peter Lynch, Director Aged Care, Rehabilitation and Community Health, Eastern Health

September 2001

Report Main final (4)

CONTENTS

EXECUTIVE SUMMARY.....	I
1. INTRODUCTION.....	1
1.1 PROJECT OBJECTIVE.....	1
1.2 METHODOLOGY.....	2
2. LITERATURE REVIEW	3
2.1 INTRODUCTION.....	3
2.2 DEMAND.....	3
2.3 DEMAND AND ACUTE HEALTH CARE	5
2.4 SUPPLY	6
2.5 POPULATION BASED SERVICE BENCHMARKS	8
2.6 PATIENT CHARACTERISTICS.....	8
2.7 CARE ALTERNATIVES.....	11
2.8 GERIATRIC ASSESSMENT AND CARE.....	14
2.9 OTHER RESEARCH	17
2.10 SUB ACUTE CARE - DEFINITION AND PRINCIPLES.....	18
2.11 SUB ACUTE SERVICES IN VICTORIA.....	21
2.12 CONCLUSION.....	22
3. EXISTING SERVICE SYSTEM	24
3.1 STRUCTURE AND OPERATION OF THE SUB-ACUTE SYSTEM.....	24
3.2 SCALE AND DISTRIBUTION OF SUB-ACUTE SERVICES.....	39
3.3 SUB-ACUTE SYSTEM UTILISATION	42
3.4 REGIONAL PROFILE.....	90
3.5 SUB-ACUTE SERVICE BUDGET	104
3.6 BENCHMARK PERFORMANCE	108
4. CONSULTATIONS	111
4.1 MEANING OF SUB-ACUTE.....	112
4.2 SUB-ACUTE SERVICE SYSTEM LIMITATIONS.....	113
4.3 PROGRAM STREAMS.....	114
4.4 SUB-ACUTE SERVICE PLANNING PRINCIPLES.....	115
4.5 SERVICE DELIVERY MODELS	118
4.6 SPECIFIC CONDITIONS OR SERVICES.....	123
4.7 RURAL ISSUES AND ACCESS.....	133
4.8 PRIVATE HEALTH CARE.....	135
4.9 BENCHMARKS.....	136
4.10 FUNDING.....	137
4.11 DESIGNING THE FUTURE SERVICE FRAMEWORK	138
5. SUB-ACUTE STRATEGIC PLANNING FRAMEWORK.....	140
5.1 FRAMEWORK STRUCTURE	140
5.2 SCOPE OF SUB-ACUTE.....	141
5.3 TARGET GROUPS.....	143
5.4 PLANNING INFLUENCES.....	143
5.5 SYSTEM CAPABILITIES.....	144
5.6 SUB-ACUTE SERVICE COMPONENTS.....	145
5.7 FUTURE SUB-ACUTE PROGRAM PLANNING OPTIONS	146
5.8 POSSIBLE NEW PROGRAM STRUCTURES.....	147
5.9 TEACHING, TRAINING AND RESEARCH.....	151
5.10 WORKFORCE DEVELOPMENT	151
6. SUB-ACUTE STRATEGIC FUNDING FRAMEWORK	153
6.1 EXISTING STRUCTURE	153
6.2 OPTIONS FOR SUB-ACUTE SERVICE PLANNING AND A RESOURCE ALLOCATION FRAMEWORK	158
6.3 CONCLUSION	165

7. SUB-ACUTE SERVICE DELIVERY MODELS.....	167
7.1 STRATEGIC PLANNING MODELS.....	167
7.2 PLANNING CASE STUDIES.....	175
8. CONCLUSIONS AND RECOMMENDATIONS	179
APPENDICES	185
APPENDIX 1: EXAMPLE OF PROJECTED RESOURCE ALLOCATION AT 2000 AND 2011	186
APPENDIX 2: AN OPTION TO INCLUDE A LOADING FOR ACCESS TO PRIVATE HOSPITAL SERVICES.....	188
BIBLIOGRAPHY	195
CONTRIBUTORS	203
