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| Mental Health Bulletin 60 |
| Prevention and Recovery Care (PARC) Services |
| OFFICIAL |

This Bulletin provides further advice following the Program Management Circular, *Subcentre Maintenance in CMI/ODS* dated July 2015, regarding the PARC subcentre set up in CMI/ODS.

## Background

PARC services are sub-acute, short term supported residential services with a recovery focus for people experiencing a mental health problem, but who do not need (or no longer require) a hospital admission. PARC services treat people experiencing a severe and acute mental health episode, providing a mix of clinical and psychosocial support.

They aim to avoid acute inpatient admissions or allow a person to be discharged sooner from an inpatient unit by providing clinical treatment and short-term residential support. PARC services provide a step up from a person’s home or a step down from an acute inpatient unit.

## CMI/ODS data reporting

### Subcentre Maintenance

PARC Services are inpatient settings where consumers are admitted and discharged.

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| Subcentre Name | Subcentre Type | Ward Type | OM Setting | Caseload |
| Should contain ‘PARC’ as part of the name but up to the discretion of the Service | Inpatient | Residential | Adult Inpatient  CAMHS/CYMHS Inpatient | Not required |

### Program Maintenance

To ensure consistent and accurate recording of data, it is recommended that services create and

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| Program Description | Program Classification | Program Type | Fund Source |
| Should contain ‘PARC’ as part of the description | Non-acute, general | E42 PARC, Adult  E41 PARC, Youth | 15057 Prevention and Recovery Care - PARC |

Outcome measurement reporting reflects the subcentre as age-based and type grouping. It is important the subcentre and OM settings are aligned, for example, PARC adult aligns with the adult measures collection for inpatients.

### For More Information

# Further information about the correct use of CMI/ODS can be found on the Victorian Government’s website. In particular, see the sections on; Registration of Clients, CMI/ODS Service Contacts and Subcentre/Program Maintenance. <https://www.health.vic.gov.au/research-and-reporting/bulletins-and-program-management-circulars-pmc>

# For any queries relating to data reporting or program setup please email: [MHDReporting@dhhs.vic.gov.au](mailto:MHDReporting@dhhs.vic.gov.au)

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