

'Go for your Life' Health Promoting Communities: Being Active Eating Well Project

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The Power of Partnerships
17th November 2008

Project Goals

- To increase physical activity and to promote healthy weight for 12-18 year olds across the Shire of Campaspe by June 2010.
- To create supportive environments where young people live, work and play through a settings approach
 - Schools
 - Neighbourhoods

Stakeholders



● Schools

- Echuca College
- St Joseph's College
- Rochester Secondary College
- St Augustine's Kyabram
- Kyabram Secondary College
- Rushworth P-12 College
- Echuca Specialist School

Stakeholders

- Community Health

- Echuca Regional Health

- Rochester and Elmore District Health Service

- Kyabram District Health Service

- Rushworth Community Consortium/Goulburn Valley Health

- Shire of Campaspe

- Neighbourhood Houses

- Deakin University

- DHS

Key Strategies

- HPC Model

- HPC Project Manager

- Based within PCP

- Manage stakeholders and develop relationships

- Partnering Agreements

- School Coordinator model

- Student Ambassador program

Key Strategies

- HPC Model – Partnering Agreements

- Partnering Agreements:

- Define roles, responsibilities and expectations
- Commitment to project
- Transparency with regard to funding and project expenditure

- Campaspe PCP & Schools:

- Provide backfill for School Coordinator role

- Campaspe PCP & Community Health Services:

- Provide expertise to support school implementation

Sustainability of the project

- Project focus on changing policy and curriculum – sustainable outcomes
- Ambassador model transferable within schools – can be continually rolled out.
- School coordinators continually up-skilled during project – support future initiatives
- Relationships developed over project sustained beyond PCP involvement

Acknowledgements

- Department of Human Services & Department of Planning and Community Development
- Shire of Campaspe
- Campaspe PCP Key Partners & member agencies
 - ERH; KDHS; REDHS; RDCC & GVH
- Campaspe area Secondary Schools

