

Improving the Journey

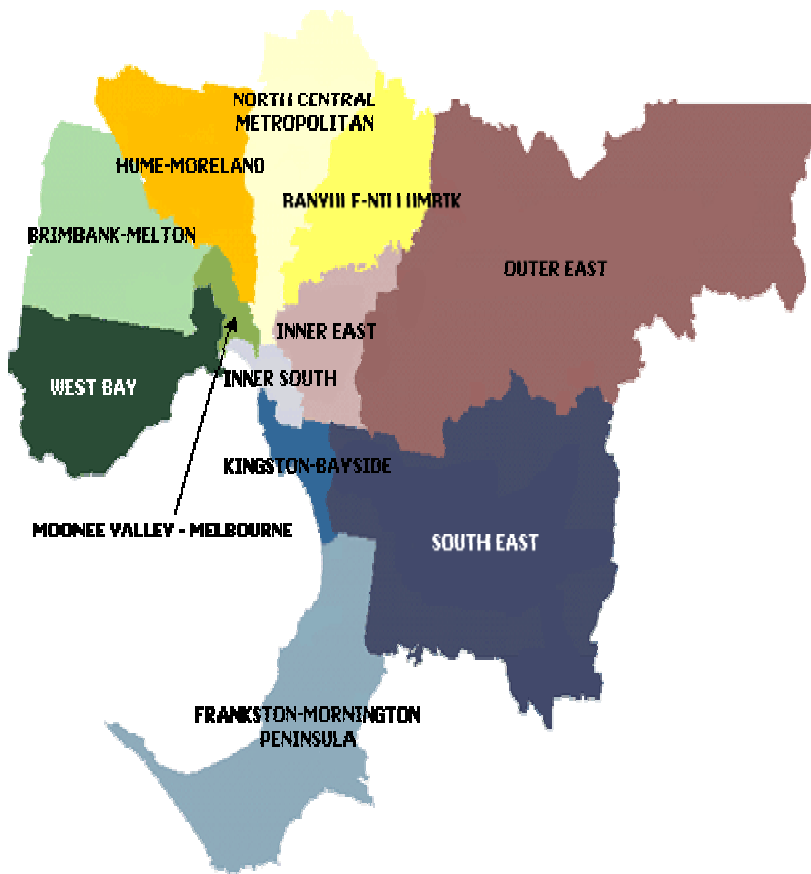


Partnerships for integrated chronic disease management and prevention

Jim Killeen, Chair
Inner East Primary Care Partnership



Eastern Metropolitan Region: Inner and Outer East PCPs



- Population of 998, 908
- 40 member agencies
- 60 participating agencies
- 7 local government areas (one a rural shire)
- 7 community health services
- 3 metropolitan health networks
- 4 general practice divisions

Chronic Disease Management

Chronic disease:

- Approx 70% of Australia's burden of disease
- Opportunity to prevent or manage outside of hospital-based care
- Whole of system approach

Improving the Journey

To improve the health and wellbeing of people with, or at risk of, type 2 diabetes through a regional systems approach.

- Improved consumer experience of coordinated care
- Improved processes to support prevention, early identification and intervention
- Improved awareness of services available
- Development of processes to support coordinated care across services and disease stages
- Increase integrated processes across prevention and management

Improving the Journey: Principles



- Equity of access
- Focus on populations at risk
- Evidence based
- Consumer-centred
- Whole of system approach

Improving the Journey: Process



- Developing shared priorities
- Utilising the expertise of the system
- Consumers at the centre
- Utilising the evidence base
- Planning for change
- Implementation and evaluation

Improving the Journey: Consumers at the Centre

- Type 2 diabetes as the tip of the iceberg
- The key role of partners, friends and family
- Importance of communication between providers
- A greater focus on prevention
- Proactive, individual follow up
- Clear and consistent information, and consistent and timely access to services

Improving the Journey: Challenges

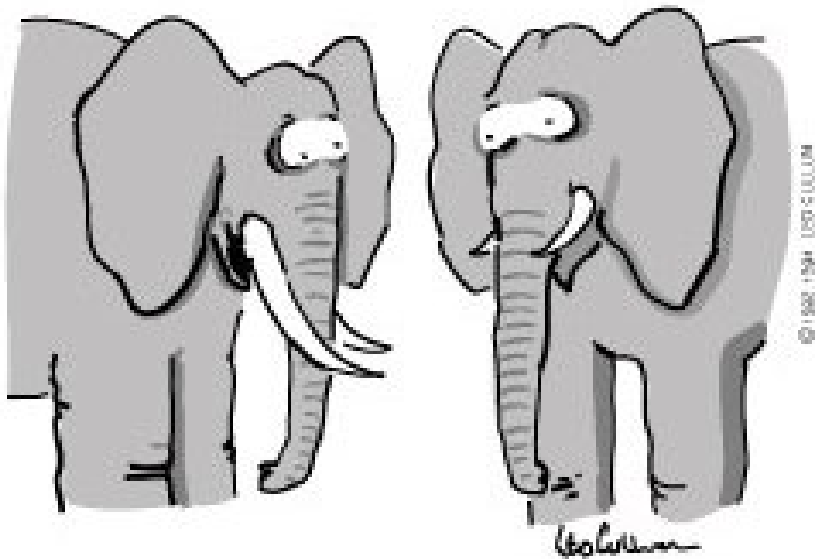


- Varying interests, priorities, philosophies
- Speaking different languages
- Varying capacities
- Knowledge and expertise
- Policy and funding frameworks
- Time and resources

The journey so far...

- Selection of a pilot area
- Development of an implementation plan in partnership with participating agencies
- Testing of pilot prior to its implementation
- Evaluation with recommendations for a systems change and regional roll out

Improving the Journey: What PCPs deliver



"It seems like we could at least stampede
in the same direction."

- Established and proven partnership structure
- Systems perspective and process
- Shared expertise, knowledge and capacity building
- A platform for building relationships, trust, recognising and managing differences
- A vehicle for developing shared systems and processes

Finally...

- A consumer centred approach is supported by the PCPs
- Partnerships facilitate “bridging the silos” by taking a systems approach, and build on the collective strengths across a region to improve outcomes

Thankyou.

Please contact Linda Shepherd at icdm@iepcp.org.au for any queries or discussion following this presentation.