

# Primary Care Partnerships Self Management Mapping Workshop



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# Objectives for today

- Provide an overview of the self management process including roles and timelines
- Gain a common understanding of what we mean by self management
- Hear about some work already done in mapping self management interventions
- Develop an action plan to start the process

# My Discussion

- Why are we interested in Self Management activity
- What is the proposed approach to collecting this information and why have we chosen it
- What are the roles for DHS and PCPs
- What are the timelines

# The burden of chronic disease is growing



# Whole of system change is required

- From reactive to proactive model of care - Wagners Chronic Care Model
- Interdependent elements for high quality chronic care
- Include health system, delivery system design, decision support, clinical information systems, self-management support, community
- Aim- informed, activated client interacting with a prepared, proactive practice team, resulting in high quality, satisfying encounters and improved outcomes



*"Once these elements come together we'll really see some action!"*

Illustration by Ken Raston from the BHCIG CDM resource kit

# ICDM a short history

- All PCPs funded for integrated chronic disease management
- Requirements
  - Map self management support activity
  - Develop plan to address gaps, define roles
  - Implement BATs including assessment and care planning
  - Apply chronic disease lens to IHP

# What are we trying to do



- Improve understanding of self management
- Gather a statewide picture
- Identify and address gaps and duplication
- Understand unfilled capacity

# What is the approach

- Working group – PCPs , agencies, DHS
- Develop approach, tool and guide
- Two templates – one for state funded and one for divisions of GPs
- Guide
  - Overview and responsibilities
  - Scope
  - Definitions
  - Instructions – generic tool and GP

# DHS Role

- Develop templates and guide
- Provide to PCPs in web and paper based
- Develop database to collect info
- Enter hard copy data
- Support PCPs with process
- Analyse data and report back to PCPs

# PCP Role

- Identify agencies to be involved
- Develop methodology for local collection
- Determine what additional info should be collected
- Assist agencies to complete
- Forward paper based completed templates to DHS
- Discuss analysis with members and develop action plan to address gaps etc

# Overall Timelines

Task	When
Guide and templates to PCPs	Sept 07
Information gathered from agencies	Sept – Nov 07
Completed templates to DHS	Nov 07
Report back to PCPs	Dec07 – Jan 08

