



South Coast Health Services Consortium

COMMUNITY HEALTH PLAN 2004- 2006

February 2005

SOUTH COAST HEALTH SERVICES CONSORTIUM

FULL MEMBER LIST as at September 2004

Member:	Position:	Agency:
Ms Judy Abbey	Manager Community Services & Facilities	Gippsland Southern Health Service
Mr Alan Gostelow	CEO	South Gippsland Division of General Practice
Ms Kaye Beaton	Manager Community Services	Bass Coast Regional Health
Mr Peter Craighead	Executive Director	Yarram & District Health Service
Ms Jeanette Draper	Community Development Officer/Social Planned	Bass Coast Shire Council
Ms Margaret Kuhne	Director Community Health	South Gippsland Hospital
Mr Ben Leigh	CEO	Bass Coast Community Health Service
Dr Nola Maxfield	Chairperson	South Gippsland Division of General Practice
Ms Riet Bouman	Baw Baw, Bass Coast & South Gippsland Manager Co Care Gippsland	Latrobe Community Health Services Inc
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Mr Douglas Wain	CEO	Warley Hospital
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Ms Tracey Gibson	Strategic Coordinator	Kilmany Uniting Care
Mr Peter Zomer	Team Leader Aged Care Packages	Villa Maria
Mr Brian Evans	Manager	South West Gippsland Mental Health Services
Mr Ron Schleebs	Coordinator, Wonthaggi & Warragul Clubrooms	Mental Illness Fellowship (Victoria)
Ms Vivian Carroll	Manager Allied Health Services	Gippsland Southern Health Service
Ms Katie Symonds	CACP Coordinator, Gippsland & Southern Metro Programs	Baptist Community Care.
Ms Kerry Irwin	PICSAR Project Manager	Gippsport
Mr Bill Verhagen	Community Liaison Officer	Bass Coast YMCA

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1.0 PCP Vision and Priority Setting Process

Primary Health Reform

Since 2000, the Department of Human Services (DHS) Primary Care Partnerships (PCP) strategy has been the mechanism for primary care reform in Victoria. Agencies have formed partnerships, prepared Community Health Plans and implemented these plans through a series of projects, programs and changes in the way they do their business.

The Purpose of Community Health Plans

Community Health Plans identify the priority health and well being needs of their communities and describe how the partners are working together with meaningful input from consumers and carers to:

- Improve health and well-being in their communities.
- Improve people's experience of primary care services.
- Strengthen health promotion and service coordination.
- Reduce preventable hospital admissions.

South Coast Health Services Consortium (SCHSC)

The SCHSC is a voluntary alliance of Health related agencies and Local Government that service the area of South Gippsland from Phillip Island to Yarram and from Mirboo North to the Coast.

The Consortium undertook a strategic organisational renewal process in June 2003 and is re-basing its activities around the following core ingredients.

Our Mission is:

To improve the coordination, planning, organisation and delivery of primary care services within the South Coast Region

Our Values are:

We aim to be held in high regard, earn the respect of others, and will respect each other at all times.

We believe in the importance of communicating effectively, by consulting, sharing and exchanging information and ideas.

We endeavour to keep ourselves up to date on issues and trends affecting health and well being, and use current data when making decisions.

We encourage the philosophy of innovation and creativity whilst continually seeking better ways of delivering service and value to ensure the health and well being of our community.

We believe in being honest, open and accountable in all our operations.

Our guiding Principles are to:

- Improve service arrangements for consumers.
- Work to build healthy, cohesive South Coast communities.
- Be committed to the implementation of the social model of health.
- Promote accessible and equitable service provision.
- Encourage individuals and communities to take responsibility for their health and well-being.
- Work to add value to service coordination through collaboration and alignment.
- Facilitate collaborative health planning and information exchange.
- Support a quality agenda of evidence-based practice and the development of shared service models.
- Advocate and lobby on behalf of the South Coast Region.
- Support consumer participation in services.
- Encourage the provision of high quality service and client focus.

Our Core Business is to:

- Establish and implement an integrated planning framework that adds qualitative and quantitative value to sector and member organisations.
- Promote an integrated understanding of 'health'.
- Provide better services and service systems with focus on Health Promotion.
- Identify gaps in quantity, scope and quality of services and service systems - advocate for services with different levels of government and locally with agencies.
- Focus on things agencies have in common.

Our Strategic Objectives are:

1. To undertake integrated Primary Health Planning and to prioritise, support and monitor implementation of the plan.
2. To improve service quality, quantity and coordination by
 - targeted Health Promotion
 - targeted Service Coordination
 - active Advocacy.

3. To implement an effective and efficient knowledge management system by providing up to date information on population health needs, information on services, to support an integrated front end and referral client management system and provide access to inter agency knowledge and expertise.
4. To develop and implement a sustainable infrastructure and resourcing strategy.
5. To implement a decision making process which actively involves key stakeholders.

PCP Actions 2004-2006

1.1 Service Coordination.

For the period 2004-2006 the Service Coordination element of the Community Health Plan should be based on three major areas of activity and include the major tasks that will be undertaken over 2 years within these areas. The three major areas of activity are as follows:

1. To **support priority human services agencies, which are new to service coordination**, implement the Better Access to Services operational framework; (significant PCP service coordination effort and resources should be applied to this task).
2. To **support priority General Practice(s)** improve the quality of referral and care planning and in particular **implement the General Practice Statewide Referral form**.
3. To continue to **support agencies that have already successfully implemented** the Better Access to Services operational framework for initial contact and initial needs identification, and to support those agencies to move on to **implement the Better Access to Services operational framework for assessment and care planning**.

Better Health Care in Gippsland Project (BHCiG)

SCHSC, as one of four Gippsland Primary Care Partnerships, will for the period 2004 until March 2006 be undertaking their Service Coordination activities within the context of the Better Health Care in Gippsland Project (BHCiG).

The BHCiG Project has as its core objective:

The Better Health Care in Gippsland project encompasses the development of a regional approach to improving service coordination for consumers, with a particular focus on people at risk of or experiencing chronic disease. The project also involves the development and implementation of a model for determining risk, eligibility and priority for primary care services.

SCHSC has committed both staffing and financial resources to this project for the period 2004 to March 2006.

Please refer to DHS Gippsland regional documentation on BHCiG outcomes for the period 2004 to March 2006.

1.2 PCP Health Promotion

The role of the PCP

The role of the PCP in this planning period is to facilitate catchment wide planning within the identified priority areas. Within health promotion the PCP will have a particular focus on coordinating and supporting capacity building strategies, such as workforce development opportunities, resourcing agencies and strengthening organisational support for health promotion, to improve integrated approaches to health promotion practice.

The South Coast Health Services Consortium PCP catchment priority topics for health promotion activity have been set at:

- **Physical activity,**
- **Nutrition and,**
- **Mental wellbeing and social connectedness.**

PCP priority setting process 14.09.2004

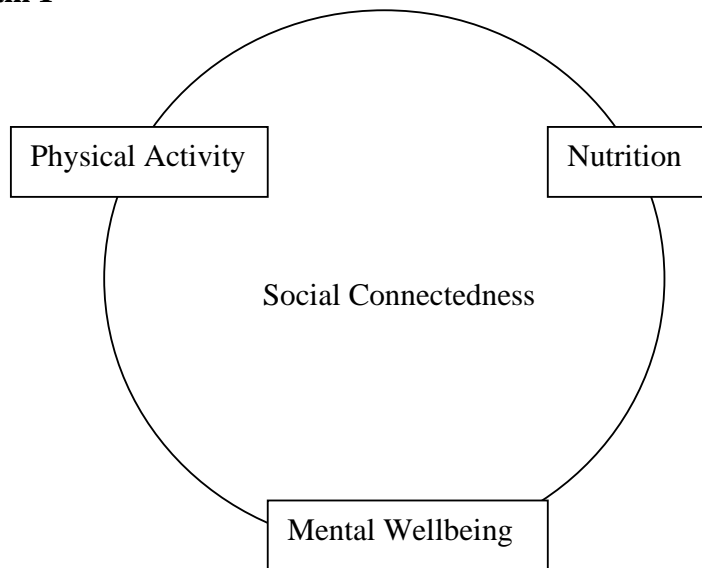
Twenty-six PCP stakeholders (see appendix 1) were invited to participate in robust debate and eventually a voting exercise to ensure that a transparent process was used in arriving at a final decision with respect to nominating priority areas.

An external facilitator lead a review process. Through the review and comparison of the past health promotion work undertaken in the South Coast area, detailed in a draft matrix, and discussion of the state and other priority areas for health promotion, the group concluded the PCP should focus on three priority areas with social connectedness knitting all aspects together (see diagram 1). Priority areas identified for the PCP are physical activity, nutrition and mental wellbeing. It was decided by the group that social connectedness will be a consistent sub theme of many of the interventions implemented to address these priorities.

The selection of these areas reflects the good work previously done and foundations laid in these priority areas by agencies and the PCP over recent years. It also recognizes issues of particular relevance to the region as identified by participants on the day.

Community and women's health funded agencies are required to align their planning with one of the PCP priority areas however agencies are not restricted to these priority areas only.

Diagram 1



On defining the health promotion priorities participants then defined strategies for action within each area where programs and interventions could be delivered.

2.1 Problem Definition

Physical Activity

Program Goal

To increase participation in physical activity in the South Coast area.

Population Target Groups

Older people, school students and families.

Program Objectives

1. To increase access, profile and affordability of physical activity for the South Coast Community.
2. To support the strengthening of partnerships between organisations working in physical activity and nutrition.
3. Assist agencies and organisations in accessing funding available for physical activity.

Objective 1

To increase access, profile and affordability of physical activity for the South Coast Community.

Solution Generation

Social marketing and health information

Support Shire councils and community advisory in development of physical activity directory which includes age specific referencing.

Healthy and Active for Seniors Strategy – Active Living Grant

The PCP has been successful in receiving funding from the Office of Senior Victorians for Active Living for Seniors. The priority areas the project will be addressing are:

- Advocacy to encourage senior friendly recreation facilities and senior friendly fitness instructors. This will focus on inviting older adults to train in strength and balance training and Form 10 Tai Chi to be available to outreach areas of the South Coast.
- Addressing barriers to participation and improve older person's access to active living programs. Developing avenues for older people to move from rehabilitation programs to main stream physical activity programs. Recognition of barriers to venues used for physical activity for older adults will occur.
- Information provision on recreation and leisure website to highlight senior friendly activities. Supply information to existing groups catering for older people on new activities available through a variety of agencies and organisations.
- Funding is over two years at \$20,000 per year.

Capacity Building – Support and Resources

Roles and responsibilities of key stakeholders

Key stakeholders will be requested to contribute expert knowledge to the development of an access audit instrument for physical activity facilities. This will then be collated and circulated to organisations or agencies wishing to assess possible barriers or affordances to physical activity for their facilities or programs.

Key capacity building strategies

Develop access audit instrument to allow organisations providing physical activity facilities a method by which to assess potential access problems for clients/customers.

Summary of how PCP funding will be used to support the PCP alliance building.
\$4000

Evaluation and dissemination planning

Methods

Focus group interviews with 3 population groups in reference to access, awareness and affordability of physical activity facilities.

Pre survey organisations and agencies about usefulness and need for audit instrument.

Post survey organisations about usefulness of audit instrument.

Process

Focus groups indicate a need to improve profile, access, and affordability of physical activity services/facilities.

Participants willing to participate in all stages of instrument development, pilot testing and final use.

Impact

Audit instrument has been used at one community health centre, one recreation facility and one neighbourhood house.

Audit instrument judged useable by at least all community health agencies and three representative recreational facilities.

Budget for evaluation and dissemination

\$400

Objective 2

To support the strengthening of partnerships between and within organisations working in physical activity and nutrition.

Solution Generation

Capacity Building – Support and Resources

Roles and responsibilities of key stakeholders

To support the project workers by providing time to attend networking / support group meetings. Participants to actively contribute to group on an ongoing basis.

Key capacity building strategies

To support physical activity and nutrition project workers group in the provision of meeting organisation, speakers, information sharing and excursions to facilities or other needs as identified on an ongoing basis by members of the group.

To review membership of Health Promotion Working Group to ensure effective and adequate coverage of agencies in the South Coast area.

Maintain health promotion matrix for agencies in the South Coast area.

Summary of how PCP funding will be used to support the PCP alliance building.

Provide meeting organisation, facility, speakers and transport of members on excursions to increase knowledge of physical activity and facilities in the South Coast area.

\$2000

Continue to provide meeting organisation and facility for Health Promotion Working Group.

\$1000

Evaluation and dissemination planning

Methods

Project workers group: Needs analysis to all known project workers in physical activity and nutrition in the area.

Pre survey at first meeting of the group. Follow up survey each 12 months.

Evaluation / feedback reports following excursions and speakers.

Health Promotion Working Group: Members attending meetings and reporting to the group over the planning period.

Process

Project workers from the majority of organisations and agencies attend 80% of meetings. Project workers report satisfaction with the flexibility and relevance of the group to their workplace duties.

All PCP members working in physical activity and nutrition have a representative attending.

Impact

80% of project workers report an increase in knowledge of physical activity facilities available in the area.

60% of project workers report an increase in knowledge in the area of physical activity.

60% of project workers report a variety of benefits gained from being a member of the group.

Agencies report a consistent supply of information regarding health promotion projects and interventions in the area.

Health Promotion matrix is maintained and circulated to agencies quarterly.

Budget for evaluation and dissemination

\$200.

Objective 3

Assist agencies and organisations in accessing funding available for physical activity.

Capacity Building – Support and Resources

Roles and responsibilities of key stakeholders

To recognize the PCP as a resource for assisting in funding applications and to provide reference to resources available such as data for the South Coast area.

To contribute to a data bank of physical activity funding opportunities for schools, community groups and agencies.

Work closely with Gippsport to ensure funding opportunities are circulated to all organisations who may be beneficiaries.

Agencies to work closely to keep local organisation informed of the service.

Key capacity building strategies

Provide service to schools and organisations to assist members in developing submissions for funding for projects to support physical activity.

Summary of how PCP funding will be used to support the PCP alliance building.

PCP staff time will be allocated to working directly with organisations to identify funding opportunities and work through applications with staff from the organisations to assist in submitting a high quality application. \$3000

Evaluation and dissemination planning

Methods

Survey with initial needs assessment for a submission assistance service in this area.

Post survey at 12 months and 18 months.

A comparison of number of submissions reaching funding organisations from South Coast area during the planning period with prior years.

Process

80% of agencies and organisations are aware of the service available to them.

Impact

10% of agencies and organisations report increased number of funding opportunities applied for.

10% of agencies and organisations report a greater likelihood of placing submissions.

Budget for evaluation and dissemination

\$300

Nutrition

Program Goal

To promote healthy eating in the South Coast area.

Program Objectives

1. To continue to work with schools in the promotion of healthy eating.
2. To raise awareness of the importance of adequate, quality food for older people.

Population Target Groups

Schools and older people.

Objective 1

To continue to work with schools in the promotion of healthy eating.

Solution Generation

Carry over evaluation and mentoring process for 'Nuts on Nutrition Forum'.
Follow up on findings from mentoring interviews and feedback from participants in initial canteen manager's network meeting.

Capacity Building – Support and Resources

Roles and responsibilities of key stakeholders

For canteen managers and school health planners to inform the PCP representative of their needs and what they wish to achieve from a networking group.

Key capacity building strategies

To provide support to canteen managers in the development of a network. Source presenters and educational opportunities for the canteen manager's network.
To provide further support to schools in healthy food policy development.
Provide cross reporting between physical activity and nutrition project worker's group and canteen manager's and school healthy policy planner's group.

Summary of how PCP funding will be used to support the PCP alliance building.

Source presenters for initial stages of canteen manager's network. Assist in minuting and agenda dissemination in initial stages of network.

Support agencies in conducting physical activity and nutrition project workers group.
\$2000

Evaluation and dissemination planning

Methods

Recall survey.
Meeting records.

Process

Maintenance of canteen manager's network beyond the planning period.

Agenda for canteen manager's network includes standing item of needs and review of the network.

Schools continue to extend work in nutrition information in partnership with agencies.

Agenda from physical activity and nutrition group meetings has standing item on Canteen manager's network.

Impact

60% of canteen managers attend each meeting.

Majority of schools (18) report change in policies pertaining to health, curriculum delivery and canteen menus in the previous 3 years.

10% of schools have a health policy or draft health policy in place.

Budget for evaluation and dissemination

\$200

Objective 2

To raise awareness of the importance of adequate, quality food for older people.

Capacity Building – Support and Resources

Roles and responsibilities of key stakeholders

Provide in kind time contribution to the forum and / or attend to increase knowledge.

Provide support to organising committee for forum.

Key capacity building strategies

Provide an educational/ knowledge sharing forum for agencies who can make a change to the provision of adequate, quality food for older people.

Summary of how PCP funding will be used to support the PCP alliance building.

Provision of presenters and model projects from Gippsland and other areas.

\$3000

Evaluation and dissemination planning

Methods

Needs analysis potential participants.

Post survey at forum.

Process

Participants from a range of services and agencies attend.

Impact

80% of participants indicate increase in ideas for providing older people with healthy and adequate food.

10% of participants make direct changes within 6 months following forum.

Budget for evaluation and dissemination

\$300

Mental Wellbeing and Social Connectedness

Program Goal

To promote mental wellbeing and social connectedness in the South Coast area.

Program Objectives

1. To increase opportunities for social interaction for people living in the South Coast area with emphasis on older people.
2. To maintain the profile of mental health issues in the South Coast area.

Population Target Groups

All sections of the population with emphasis on older people.

Objective 1

To increase opportunities for social interaction for people living in the South Coast area with emphasis on older people.

Solution Generation

Active Living Grant – “Active Plus Project” PCP

The aims of the Active Living Strategy are to increase the number of older adults who are both socially and physically active. The program will therefore ensure that social connectedness is a major component in all priority areas of the “Active Plus” project.

Capacity Building – Support and Resources

Roles and responsibilities of key stakeholders

To contribute in-kind staff expertise and time.

Key capacity building strategies

Work with existing volunteer groups and agencies to reestablish a volunteer resource centre servicing the Bass Coast and South Gippsland LGAs.

Summary of how PCP funding will be used to support the PCP alliance building.

Collaborate with agencies in the development of a catchment wide volunteer resource centre. Distribution of information regarding the service to all relevant organisations.
\$3000

Evaluation and dissemination planning

Methods

Record the progress in development of a resource centre or collaboration on funding submission for a resource centre.

Process

Volunteer resource centre established or funding submission for the development of a resource centre or similar written.

Impact

50% of volunteers report an increased sense of recognition of their contribution to the community.

30% Agencies and organisations requiring volunteers are aware of the services available through a volunteer resource centre.

Budget for evaluation and dissemination

\$350

Objective 2

To maintain the profile of mental health issues in the South Coast area.

Solution Generation**Social Marketing**

Continue with Mental Health Matters newspaper column in local newspapers.

Capacity Building – Support and Resources**Roles and responsibilities of key stakeholders**

To contribute to the structure of the forum by undertaking a needs analysis for the group and responding with feedback on content of the meetings on a regular basis.

Key capacity building strategies

To continue with the Mental Health Providers' Forum in an effort to collectively raise the profile of mental health in the South Coast area.

To table mental health promotion issues and approaches as they relate to mental health services as a standing item on the agenda.

Summary of how PCP funding will be used to support the PCP alliance building.

Meeting organisation, minuting and agenda.

\$1000

Evaluation and dissemination planning**Methods**

Assessment of strength of the forum using Hawe, King and Noort checklist 1 or part of the VicHealth partnerships tool.

Process

It is decided by members that meetings are to continue and are valuable for information sharing and mentor support between agency representatives.

Impact

50% of members continue to attend.

More diverse group of agencies and organisations attend.

Agenda contains standing item regarding needs for the group such as specialist presenters or excursions to agency sites for example.

100% of agencies and organisations attending report a better understanding of health promotion as it relates to mental health and social connectedness.

Budget for evaluation and dissemination

\$50

Integrated Health Promotion Support

Program Goal

To promote an integrated approach to health promotion within agencies of the South Coast Health Services Consortium.

Program Objectives

To support agencies in promoting and establishing health promotion within their agencies and the community.

Population Target Groups

Agencies and local community organisations, agencies and individuals.

Objective 1

To support agencies in promoting and establishing health promotion within their agencies and the community.

Solution Generation

Capacity Building – Support and Resources

Health Promotion Working Group meetings.
Link with existing resources available as required.

Roles and responsibilities of key stakeholders

To call on the PCP for support where needed.

Key capacity building strategies

In consultation with agencies provide capacity building workshops in the advancement of health promotion within organisation and the community as a lead up to the next planning promotion period.

Summary of how PCP funding will be used to support the PCP alliance building.

As above workshop series as determined by agencies \$2000.

Evaluation and dissemination planning

Methods

Record current knowledge and confidence in agencies for health promotion

Process

Workshops held and most agencies attend.

Impact

Health promotion officers report an increase in agency understanding and support for health promotion across the agency.

Budget for evaluation and dissemination

\$250

Health Promotion Budget

Priority Area	Objective	Strategy	Budget	Evaluation budget
PHYSICAL ACTIVITY	To increase access, profile and affordability of physical activity for the South Coast area.	Develop access audit instrument to assess potential access barriers to clients/customers. (Active Living Grant: \$20000 including evaluation)	\$4000	\$400
	To support the strengthening of partnerships between and within organisations working in physical activity and nutrition promotion.	Support physical activity and nutrition project workers group. Review HP working group. Maintain health promotion matrix.	\$2000 \$1000	\$200
	Assist agencies and organisations to access funding available for physical activity promotion.	Provide service to schools and organisations to support members in submissions for funding for projects to support physical activity.	\$3000	\$300
NUTRITION	To continue to work with school in the promotion of healthy eating. (Carry over from 2003/4 \$775)	Support canteen managers to develop network. Provide support to schools to develop healthy food policies.	\$2000	\$200
	To raise the awareness of the importance of adequate, quality food for older people.	Hold a nutrition for older people forum for agencies.	\$3000	\$300
MENTAL WELLBEING	To increase opportunities for social interaction for people living in the South Coast area with particular emphasis on older people.	Develop a volunteer bank for the South Coast area.	\$3000	\$350
	To maintain the profile of mental health issues in the South Coast area. (Carry over from 2003 mental health Young males forum \$5995)	To continue the mental health provider's forum with particular focus on health promotion capacity amongst the existing agencies.	\$1000	\$50
HEALTH PROMOTION SUPPORT	To promote an integrated approach to health promotion within agencies of the South Coast Health Services Consortium.	In consultation with agencies provide capacity building workshops in the promotion of health promotion within organisation and the community as a lead up to the next planning promotion period.	\$2000	\$150
Total			\$21000	\$1950

Part 3: Integrated Health Promotion Summary planning grid

Priority Goal:	To increase participation in physical activity in the South Coast area.				
Objective 1:	To increase access, profile and affordability of physical activity for the South Coast Community.				
Est. Impacts² (Qual/Quant) for Objective 1	All community health centres and at least 3 recreation centres aware of access issues by using audit instrument. Community members report increased knowledge of physical activities available in South Coast area.				
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Community Health Service	Screening, individual risk assessment & immunization Assess physical activity levels and promote physical activity through Pitstop Program.	men	Quarterly	6 Pitstop sessions	\$6984 (other funding \$3492)
	Social marketing and Health information Provision of physical activity information at BCCHS sites (including opportunity shop). Promotion of physical activity through local newspaper & promotion of activity opportunities.		Ongoing 3 articles, 6 monthly	Displayed/provided throughout BCCHS	\$349 (other \$1746) \$1117 (other \$559)
	Health Education & Skill Development Incorporate promotion of physical activity into clinical setting		Jun – September 2005	PA promotion in 80% of appts over 3 month period	\$4190
	Community Action Participate in Active Plus Initiative Participate in Go For Your Life Walking initiative -Produce walking map of Cowes Open Community Garden Advocate for shared bike/walk path Pioneer Bay to Grantville		Bi-mthly meetings Jul 05 –Jun 06 Sept 05 Jul 04 – Jan 05	Meetings attended & project work done Cowes residents Gen community Subm to Vic Rds	\$12571 (other \$8381) (other \$6984) \$1397 \$3492
	Settings & Supportive Environments Develop & implement PA policy in BCCHS workplace		Jun 05 – June 06	-BCCHS PA Policy	\$4889
Bass Coast Shire Council	Walking School Bus	Schools in Bass Coast Shire Council	August 2004 – August 2006	8 schools	
Bass Coast Regional Health	Work with Bass Coast YMCA in promotion of Active Plus program to progress rehabilitation clients on to public recreation programs. Collaboration on planning and funding submission.	Older people	Dec 2004 -	Successive rehabilitation groups/ individuals	

Gippsland Southern Health Service Community Health	-Pit Stop Program	Adult Males	September 2004 and ongoing	Men in a variety of workplaces and settings in South Gippsland Leongatha, Korumburra Tarwin Lower, Mirboo Nth, Loch GSHS region Local community Loch, MirbooNth, Tarwin Lower	3,750
	-HAPI Program – Healthy Aging & Prevention of Injuries	Older People	Ongoing		DHS home and community care
	- Friendship Groups	Older, isolated & disabled people	Ongoing		DHS home and community care
	-Diabetes Management Support Group	Diabetics & families GSHS staff & local community	Ongoing Sept – Dec 2004		2,200
	- Staff support activities and community involvement in Great Victorian Bike Ride.				\$0
	- Walking groups	General population	Nov 2004 onwards		4,500
GSHS Alcohol & Drug Services	-Healthy Program	All schools in South Gippsland	2003-2004	6 secondary, 16 primary schools 2 secondary, 5 primary schools Initially Korumburra, Leongatha 11 primary schools	\$187,000
	-Get Active Program	Specific Schools in South Gippsland	2004		\$30,000
	-Social Biker's Group	Adults	2004 onwards		\$0
	-Kids Healthy Food Gardens	Primary school students	2004 ongoing		12,500
GSHS Women's Health	-Well Women's Clinics	Adult Women	Ongoing	GSHS region	
South Gippsland Division of General Practice	-Continue existing Active Script program. Increase number of doctors using Active Script by targeting more practices.	GPs in the South Gippsland Division area.	Mid 2005 - 2006	5 practices, 15 doctors.	

South Gippsland Hospital	<p>-Screening and individual risk assessment General health screening and individual assessments utilised as a means of identifying risk and encouraging participation in physical activity</p>	Ongoing	6 screening events, 6X20 av. 50 individual assessments via existing SGH services 50 individual assessments via medical clinic	\$3231 (other funding \$1817)
	<p>-Social marketing and Health information Promotion, information, re benefits of physical activity via: Newspaper articles and column, displays, website In conjunction with articles on physical activity options</p>	Ongoing. Displays installed April 2005, updated monthly.	5 mnthly cols & 5 articles in local n/paper. 3 website articles. 8 permanent displays at key locations	\$6305 (other funding \$3547)
	<p>- Health education and skill development Individual and group education and encouragement to participate in physical activity via existing South Gippsland Hospital Programs: Provide skills to allow transition into ongoing physical activity options via Physically Active Lifestyle Solutions, and Strength & Falls Prevention Programs. Education sessions and provision of resource material on the benefits of physical activity to schools, community groups, agencies, clubs; in conjunction with existing physical activity options and healthy eating. Implementation & encourage use of Active Script</p>	Ongoing	education to 100 people. 40 people trained 6 schl sessions, 12 club/group sessions, 100 medical practice patients	\$7606 (other funding \$4278)
	<p>-Workforce Development Develop and implement program of professional development on benefits of physical activity for SGH staff Input provided to SGH newsletters and other internal communication mechanisms Support provided to SCH staff in any expansion of existing services</p>	6 monthly sessions articles at regular intervals as required	2sessions to 20 staff 2 articles 2 existing programs assisted	\$322 (other funding \$182) \$666 (Extra funding \$374)
	<p>-Resources Development of local physical activity guide including section on benefits of physical activity. Development and maintenance of resource base of material promoting physical activity</p>	available in Sept 2005 ongoing	1000 copies guide. Info avail to SGH & local org. staff	\$3702 (Extra funding 2082)
	Barriers to participation & new possibilities identified via community consultation	March-July 05, March-May 06	6 community cons, 90 attendees	\$2639 (other funding \$1485)
	Establishment of Health Info satellites at key comm.. locations including permanent displays & capacity for brochures etc.	Installation April 2005	8 satellites established	\$7107 (other funding \$3997)
	South Coast Health Services Consortium – Community Health Plan 2004 – 2006			

South Gippsland Hospital Contd.	-Community Action A community event/expo allowing existing groups, clubs, services to promote the range of physical activity options available.		Spring 2005	40% of physical activity providers involved with 200 attending	\$1825 (Extra funding \$1027)
	-Settings & Supportive Environments Safe routes to schools and “ walking bus” promoted as one means of encouraging walking Collaborating with Shire Council to promote Supportive Environments for Physical Activity Participate in South Coast region Nutrition, Physical Activity and Active Plus working group		Canvassed in 2005 possible implement in 2006 At regular intervals	1 meeting with local schools 2 meetings	\$1746 (Extra funding \$982)
	-Organisational Development Good Sports accreditation program promoted as part of the strategies for encouraging greater participation in club activities Support provided to local groups, agencies and clubs in the expansion of existing programs and the implementation of new initiatives		Ongoing	9 meetings	
			Ongoing As appropriate	4 clubs approached 4 agencies/clubs assisted, 2 training sessions provided	\$4050 (Extra funding \$2278)
South Gippsland Shire Council	Develop land use planning policies that reflect the aspirations of the community and provide for the appropriate use and development of land resources. Define, quantify, cost and prioritise capital works and maintenance programs for future years, using appropriate asset management systems.	Whole community	Ongoing	Indicator for success: develop an open space strategy.	

Yarram and District Health Service	- Use individual risk assessments and then provide information that will promote physical activity. Collect information about barriers to physical activity.	Pitstop screening Male population.	Twice per year.	Approx 60 x 2	3000
	- Update and distribute local physical activity resource.	Community	Annually.	25,000 people All staff	3000
	- Promote benefits of physical activity through local media.	Community	4 times per year.		200
	- Internal physical activity promotion.	YDHS staff	6 per year.		1000
	- Provide education in schools on the benefits of exercise and encourage physical activity integration. Collect information about barriers to physical activity during these sessions.	Schools and community groups.	Annually.	1 secondary school, 6 primary schools, 4 community groups.	2250 2400
	- To investigate barriers to existing physical activities and formulate plans to address these through forming a working party. Assist in formulating policies to address barriers to physical activity.	Representatives from community groups.	End 2005		1100 1800
	- Develop existing physical activity programs run by YDHS and create new programs to suit the needs of the community. Active Script, Falls clinic.	Yarram medical centre patients, falls clinic clients.	To Dec 2005, May 2005, July 2005.		250
	- Promote changes to existing programs through local media. Inform staff of changes within YDHS	Community and staff	3 newspaper articles one radio story per year. Weekly staff up date.	All staff and community who access media.	250
- Inform community groups of changes to YDHS programs.	Community service groups.	-annually		1000	
PCP Active Living Grant – “Active Plus”	- Advocacy to encourage senior friendly recreation facilities and senior friendly fitness instructors. This will focus on inviting older adults to train in strength and balance training and Form 10 Tai Chi to be available to outreach areas of the South Coast.	Older adults	Two years	Older adults across the South Coast area with particular emphasis on out lying areas.	\$40,000
	- Addressing barriers to participation and improve older person’s access to active living programs. Developing avenues for older people to move from rehabilitation programs to main stream physical activity programs. Recognition of barriers to venues used for physical activity for older adults will occur.				
	- Information provision on recreation and leisure websites to highlight senior friendly activities. Supply information to existing groups catering for older people on new activities available through a variety of agencies and organisations.				

PCP HP capacity building⁷	Develop and access audit instrument to allow organisations providing physical activity facilities a method by which to assess potential access problems for clients/customers.	Recreation centres, community health centres, neighbourhood houses.		All community health centres, recreation centres and neighbourhood houses in the area.	\$4400
Estimated Total Budget per Objective⁶: 330,387					
Estimated Total Budget per Goal⁶: 365,342					

Integrated Health Promotion Summary planning grid

Priority Goal:	To increase participation in physical activity in the South Coast area.					
Objective 2:	To support the strengthening of partnerships between and within organisations working in physical activity and nutrition.					
Est. Impacts² (Qual/Quant) for Objective 1	80% of project workers report increased knowledge in the area of physical activity and facilities available in the area. 60% of project workers report a variety of benefits gained from being a member of a physical activity project workers group.					
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶	
Bass Coast Community Health Service	.Settings & Supportive Environments –Participate in SCHSC PA&N Grp & Health Promotion WG		Bimonthly meetings	Attendance at meetings	\$11873 (other \$4889)	
Yarram and District Health Service	<ul style="list-style-type: none"> -Assist in forming a working party to address community wide issues of access and barriers to physical activity. -Assist in formulating policies to address the issue of barriers to physical activity within an environment. -Encourage individuals for form groups to participate in both local and community wide physical activity programs and competitions such as Walk and Talk distance competitions. - -Assist YDHS staff to formulate policies which allow for safe access and use of hospital gym equipment. -Offer assistance to workplaces to start physical activity programs for staff. - Act as resource to Allied Health in working towards improvements to the current falls clinic and exercise programs. 	<ul style="list-style-type: none"> Representatives from community groups. Individual groups and schools as applicable. Groups who share common interests/area of residency. YDHS staff. Schools, ESSO, YDHS staff Clients of Falls Clinic and exercise programs & YDHS staff 	<ul style="list-style-type: none"> End 2005 Jan – June 2006 June 2005-June2006 Oct 2005, Dec 2004 May 2005 – June 2006. May 2005 July 2005 	<ul style="list-style-type: none"> Community groups Existing community service, sports workplace and new groups. YDHS staff. Schools, ESSO, YDHS staff Clients of Falls Clinic and exercisepograms & YDHS staff 	<ul style="list-style-type: none"> 300 not fully budgeted for. 300 not fully budgeted for. 2000 500 12432 400 	
South Gippsland Shire Council	Facilitate partnerships that will strengthen communities.	Whole community	ongoing			
GPs and Divisions	PCP staff invited to sit on Division staff meetings to remain up to date with Division work.	PCP staff	ongoing	3 staff		

PCP HP capacity building ⁷	To support a physical activity and nutrition project workers group. To review membership of HP working group to ensure effective coverage. Maintain health promotion matrix for South Coast area.	Agency staff.	Ongoing	All PCP agencies.	\$3850
Estimated Total Budget per Objective ⁶ : 31,655					
Estimated Total Budget per Goal ⁶ : 365,342					

Integrated Health Promotion Summary planning grid

Priority Goal:	To increase participation in physical activity in the South Coast area.				
Objective 3:	Assist agencies and organisations to access funding available for physical activity.				
Est. Impacts² (Qual/Quant) for Objective 1	10% Agencies and organisations report increased number of funding opportunities applied for. Agencies and organisations report a greater likelihood of placing submissions.				
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Regional Health Service	Work with Bass Coast YMCA in promotion of Active Plus program to progress rehabilitation clients on to public recreation programs. Collaboration on funding submission.	Older people	Dec 2004 -	Successive rehabilitation groups/ individuals	
PCP HP capacity building⁷	Provide service to schools and organisations to support members in submissions for funding for projects to support physical activity.	Schools, health agencies and sporting organisations.	Ongoing over planning period.	10% of schools, 10% agencies.	\$3300
Estimated Total Budget per Objective⁶: 3300					
Estimated Total Budget per Goal⁶: 365,342					

Integrated Health Promotion Summary planning grid

Priority Goal:	To promote healthy eating in the South Coast area.					
Objective 1:	To continue to work with schools in the promotion of healthy eating.					
Est. Impacts² (Qual/Quant) for Objective 1	60% of canteen managers attend network meetings at end of first year. Majority of schools (18) report positive change in policies pertaining to health, curriculum delivery and canteen menus in previous 3 years. 10% of school have healthy policy or draft healthy policy in place by end of planning period.					
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Group/s:	Target	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Community Health Service	.Health Education & skill development –Healthy eating class for parents of overweight children	Parents of children	school	Sept 05 – Mar 06	1 Healthy eating course	\$4889
Gippsland Southern Health Service Community Health	- Nuts on Nutrition mentor support (dietetics) - Water week Promotion	School managers Everyone schools	canteen including	End 2004 18 th – 22 nd Oct 2004	Local schools in South Coast area Leongatha, Korumburra	\$0 400
GSHS Alcohol & Drug Services	- Healthy program - Get Active Program - Kid's Healthy Food Gardens	School students School students Primary students	 school	2003-2004 2004 2004 ongoing	6 Secondary, 16 Primary schools 2 secondary, 5 primary schools 11 primary schools	See previous listings in physical activity objective 1
South Gippsland Hopsital	-Information sessions of the benefits of healthy eating and options for healthy eating to schools -Information session promoting healthy canteen food & healthy fund raising alternatives to staff & parents	Schools		Ongoing August 2005	6 school sessions 1 secondary & 4 primary schools.	Previously costed in PA section \$389 (\$219 other funding)
PCP HP capacity building⁷	To support canteen managers in developing a network. To provide further support to schools in healthy food policy development.	School managers. School planning staff.	canteen School	12 months	15 canteen managers. 30 schools.	\$2200
Estimated Total Budget per Objective⁶: 7,878						
Estimated Total Budget per Goal⁶: 39,278						

Integrated Health Promotion Summary planning grid

Priority Goal:	To promote healthy eating in the South Coast area.				
Objective 2:	To raise awareness of the importance of adequate, quality food for older people.				
Est. Impacts² (Qual/Quant) for Objective 1	At end of forum 80% of participants indicate increase in ideas for providing older people with healthy and adequate food. 10% of participants make direct changes within 6 months following forum.				
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Community Health	<p>Health education & skill development –Healthy eating ed for self help grps at BCCHS (eg. Diabetes, heart support) & HE options ed to community garden participants Supermarket tours</p> <p>Community Action –Grow fruit & veg at BCCHS' Comm Garden</p> <p>Settings & Supportive Environms –Healthy food policy for BCCHS</p> <p>Social Marketing & Health Information –Provision of nutrition info at BCCHS sites</p>		<p>Ongoing</p> <p>July 05</p> <p>Ongoing</p> <p>Jul 05 – Jun 06</p> <p>Sept 05 – Dec 05</p> <p>Apr 05 – Jun 06</p>	<p>1 ed session per yr to ea grp</p> <p>1 ed session</p> <p>4 tours</p> <p>70% garden F&V</p> <p>500 clients</p>	<p>\$698</p> <p>\$349</p> <p>\$2794</p> <p>\$349</p> <p>\$2794</p> <p>\$349 (other \$1746)</p>
Gippsland Southern Health Service Community Health	<p>- Pit Stop Program</p> <p>-Friendship Groups</p> <p>- Diabetes Management Support Group</p> <p>- Water week Promotion</p> <p>- Healthy Eating & Weight Program</p>	<p>-Adult males</p> <p>-Older isolated & disabled people</p> <p>-Diabetics & families</p> <p>-Everyone</p> <p>-South Gippsland Community</p>	<p>September 2004</p> <p>ongoing</p> <p>Ongoing</p> <p>Ongoing 18th – 22nd Oct 2004</p> <p>Oct-Nov 2004</p>	<p>Men in a variety of workplaces and settings. Tarwin Lower, Mirboo NthLoch GSHS region Leongatha, Korumburra South Gippsland Community</p>	<p>see previous listing</p> <p>DHS home and community care</p> <p>See previous listings</p> <p>5,000</p>
GSHS Women's Health	<p>- Well women's clinics</p>	<p>Adult women</p>	<p>ongoing</p>	<p>GSHS region</p>	<p>7,000</p>
GSHS Hospital	<p>-Dietetics Inpatient support</p> <p>- maternity enhancement program</p>	<p>Health facilities affiliated with GSHS</p>	<p>ongoing</p>	<p>Korumburra, Leongatha Hospital, Residential Care & hostels</p>	<p>\$0</p>
South Gippsland Shire Council	<p>Ensure MOW to HACC clients are prepared in accordance with relevant DHS guidelines ensuring nutritionally and culturally appropriate meals are provided to clients.</p>				

South Gippsland Hospital	<p>Screening & Individual risk assessment utilised as a means of identifying risk and encouraging healthy eating</p>		Ongoing	6 screening events 6X20 50 individ assess via existing SGH services 50 indiv medical clinic assessment	Previously costed
	<p>Social marketing & Health Information re benefits of healthy eating and healthy eating options via newspaper articles & column, displays, existing flyers, website</p>		Ongoing	5 monthly cols & 5 n/paper articles, 3 website articles 8 permanent displays at key locations	\$2849 (other funding \$1603)
	<p>Health Education & skill development re benefits of and options for healthy eating via existing SGH programs Information sessions on benefits of and options for healthy eating to agencies, clubs etc. in conjunction with PA Information sessions promoting breast feeding.</p>		Ongoing Forum in Jun 05 ongoing	100 people 12 groups Food for Thought Forum 45 women	Already funded \$1636 (other funding \$920)
	<p>Settings & Supportive Environments –Collaborating with Shire Council to promote encouragement of healthy eating Participate in SCHSC PA & Active Plus WG activities</p>		Ongoing Ongoing	2 meetings 9 meetings	\$184 (other funding \$104) previously costed
	<p>Exploration of incentive schemes to promote purchase of healthy food</p>		July 05 onwards	2 meetings with local businesses	\$185 (other funding \$104)
	<p>Workforce Development Professional development for SGH staff on healthy eating. Input to SGH newsletters & other internal communication</p>		6 monthly sessions articles at reg intervals	2 sessions X 20 2 articles	\$425 (other funding \$239)
	<p>Resources Development & maintenance of resource base of material promoting healthy eating. Identification of barriers to healthy food options via comm. consultation</p>		ongoing March-July 05 Mar-May 06	info avail to SGH & local org. staff 6 comm consults 90 participants	\$1011 (other funding \$569) previously costed
	<p>Recipe book based on SGH Healthy food menu</p>		Feb-March 06	100 copies per annum distributed	\$1284 (other funding \$722)
	<p>Organisational Development Info, support, encouragement & training for providers of healthy food options.</p>		July 05 onwards	6 providers assisted individually	\$1193 (\$671 other funding)

PCP HP capacity building ⁷	Provide an educational/ knowledge sharing forum for agencies who can make a change to the provision of adequate, quality food for older people.	Agencies providing healthy food or healthy food programs to older people. Meals on Wheels, RSLs, commercial food delivery services aged care hostels.	One off forum April 2005 – evaluation 6 months later.	30 staff from variety of agencies	\$3300
Estimated Total Budget per Objective ⁶ : 31,400					
Estimated Total Budget per Goal ⁶ : 39,278					

Integrated Health Promotion Summary planning grid

Priority Goal:	To promote mental wellbeing and social connectedness in the South Coast area.				
Objective 1:	<i>To increase opportunities for social interaction for people living in the South Coast area with emphasis on older people.</i>				
Est. Impacts² (Qual/Quant) for Objective 1	<i>50% of volunteers in volunteer bank report gaining work through the volunteer bank. 20% of agencies and organisations requiring volunteers are aware of the bank.</i>				
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Community Health Service	Screening, individual risk assessment –Assess mental health levels of men via Pitstop program	men	Quarterly	6 Pitstop session	\$6984 (other \$3492)
	Social marketing & Health Info –Campaign to promote volunteerin		Apr 05 – Oct 05	4 diff avenuess	\$1397 (Oth \$2794)
	Community Action –Support Coronet Bay Playgroup Support Pioneer Bay Progress Committee Support Memorial garden (Palliative care Program)		Ongoing Ongoing July 04 onwards	25 contacts 40 contacts All pall care clients & relatives	(Other \$3492) \$1397 (oth\$5587) \$4889
	Settings & Supportive Environments –Integrate Opp Shop into org.		Dec o4 onwards	5 HP init at Op sh	\$17460 (ot\$20952)
	Implement Community Garden Initiative		Jan05 onwards	5 non-BCCHS vols involved in comm. garden	\$7682

Gippsland Southern Health Service Community Health	Year Nine Sex Health Support Program	Year 9 students	2004	-7 secondary schools – 720 students	0
	Puberty Wellbeing	Grades 5&6	ongoing	-specific schools in Sth Gippsland	
	Pitstop Program	Adult males	Sept 2004 ongoing	-Men in a variety of workplaces & settings.	0
	Core of Life Program	Year 9 students	Ongoing	Specific Schools in Sth Gippsland	
	HAPI program – healthy aging & prevention of injuries	Older people	Ongoing	Leongatha, Korumburra	DHS funded home and community care
	Breast awareness classes	Adult women	ongoing	Program run from each health centre x3	
	Friendship Groups	Older isolated & disabled people	Ongoing	Tarwin Lower, Mirboo North, Loch.	DHS funded home and community care
	Diabetes Management Support Group	Diabetics & families	Ongoing	GSHS region	
	Quit Program	Smokers	Ongoing	GSHS region	
Community Link Social Support	Older Isolated & disabled people	Ongoing	South Gippsland	46,000	
Communication Skills Sessions	GSHS staff	September 2004	GSHS staff		
GSHS Women's Health	Life Skills for Women Program	Women	Ongoing	Program run from each health centre x 3	7,000
	Well Women's Clinics	Adult Women	ongoing	GSHS region	
GSHS Alcohol & Drug Services	Year Nine Sex Health Support Program	Year 9 students	2004	7 secondary schools – 720 students	10,000
GSHS Hospital	Maternity Enhancement Program	New mothers	ongoing	GSHS region	0
South Gippsland Hospital	Continue with Physically Active Lifestyles Solutions Program (PALS).	Older people living in Foster area.	ongoing		
	Chronic disease support groups.				
	Mental health Mentoring program.				
	Healthy Hearts Program.				

South Gippsland Shire Council	Provide community transport. Support events and festivals which encourage community participation and connectedness.	Whole community	ongoing	Whole community	
Yarram and District Health Service	Yarram and District Health Service aims to cater for people within their community with mental wellbeing needs in all areas of their physical activity planning.	Older people, YDHS staff, working age people, school students and people with mental wellbeing needs.	See physical activity template.		
PCP Active Living Grant – “Active Plus”	The aims of the Active Living Strategy is to increase the number of older adults who are both socially and physically active. The program will therefore ensure that social connectedness is a major component in all priority areas of the “Active Plus” project	Older people	See physical activity objective 1 template	Older people.	See physical activity objective 1 template. Details of allocation of funds to priorities will be available on budget finalization.
PCP HP capacity building⁷	Develop a volunteer bank for the South Coast area.	Schools, health services, shire councils, recreation providers, service providers.	18 months	20 organisations using volunteers.	\$3350
Estimated Total Budget per Objective⁶: 101,270					
Estimated Total Budget per Goal⁶: 106,790					

Integrated Health Promotion Summary planning grid

Priority Goal:	To promote mental wellbeing and social connectedness in the South Coast area.				
Objective 2:	To maintain the profile of mental health issues in the South Coast area.				
Est. Impacts² (Qual/Quant) for Objective 1	50% of Mental Health Provider's Forum members continue to attend. More diverse group of agencies and organisations attend Mental Health Provider's Forum.				
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Community Health Service	Settings & Supportive Environments –Membership of Mental Health Providers' Forum		March 05 onwards	Attendance	\$4470
South Gippsland Shire Council	Youth Council to connect increase knowledge of mental health issues, particularly depression by have specialists in the areas to present regularly to the group.	Youth	Once in 2004, once in 2005.	Population of Youth Council	
South Gippsland Division of General Practice.	Continue as member of Mental Health Provider's Forum. Continue to provide training to GPs on mental health issues. Contribute to Mental Health newspaper column. Promote Primary Mental Health Team to GPs Promote and service MAHS and Better Outcomes referral services to GPs Conduct Psychiatric Registrars placement program.	Mental health providers GPs South Coast Population GPs GPs Psychiatric registrars and local psych services	health Ongoing 6 per year monthly ongoing ongoing ongoing 2005	Mental health providers 40 GPs per year South Coast population 68 GPs 68 GPs 15 per annum	
PCP HP capacity building⁷	To continue the mental health providers forum with particular focus on health promotion capacity amongst the existing agencies.	Mental health providers	ongoing	All mental health providers in the area.	\$1050
Estimated Total Budget per Objective⁶: 5,520					
Estimated Total Budget per Goal⁶: 106,790					

Integrated Health Promotion Summary planning grid

Priority Goal:	To promote an integrated approach to health promotion within agencies of the South Coast Health Services Consortium.				
Objective 1:	To support agencies in promoting and establishing health promotion within their agencies and the community.				
Est. Impacts² (Qual/Quant) for Objective 1	All agencies report an increase in support for health promotion principles within their organisations and community.				
PCP key stakeholders³	Summary of mix of Interventions & CB strategies⁴	Population Target Group/s:	Estimated timelines	Estimated Reach⁵	Resources per key stakeholder for Obj1⁶
Bass Coast Community Health Service	Health promotion information provision through engagement with staff Meetings with staff members to talk about health promotion practice Program planning kit, health promotion proforma, health promotion resource kit	BCCHS staff	Ongoing March 05 onwards July 05 onwards	15 contacts with staff 30 staff	\$62 158
South Gippsland Hospital	Social marketing and health information Education sessions and provision of resource material on health and wellbeing. Planned education sessions for staff and board, coordination of health promotion activities and maintaining channels of communication in SGH. Community consultation on health and wellbeing issues, survey and maintainance of health promotion material.	Local agencies, community groups, clubs, organisations, businesses, schools. SGH staff Foster community	Jan-Mar 05/06 and ongoing Ongoing Up to May 2006	5 monthly columns, 2 web articles, 8 permanent displays, 4 x events. 20 staff 90 participants. 100 informants	\$19,446
PCP HP capacity building⁷	In consultation with agencies, provide capacity building workshops in the advancement of health promotion within organisation and community.	PCP agencies, community organisations, agencies and individuals	By March 2006	All PCP agencies	\$2150
Estimated Total Budget per Objective⁶: 83,754					
Estimated Total Budget per Goal⁶: 83,754					

Appendix 1

Attendees at Strategic Planning Day

1	Ben Leigh	Bass Coast Community Health Service
2	Berni Murphy	Deakin University (facilitator)
3	Bernie Weckmann	LRH Child & Adolescent Mental Health Service
4	Bill Verhagen	Bass Coast YMCA
5	Clare McHugh	Yarram & District Health Service
6	Debbie Mitchell	Department Of Human Services
7	Evie Harle	Gippsland Southern Health Service
8	Paul Greco	South Gippsland Hospital
9	Heather Gardner	Bass Coast Community Health Service
10	Jeanette Draper	Bass Coast Shire Council
11	Jenny Gillespie	Bass Coast Community Health Service
12	Jill Edwards	Kilmany Uniting Care
13	Kerry Irwin	Gippsport
14	Kirk Warren	South Coast Health Services Consortium
15	Lynda Kee	Bass Coast Shire Council
16	Margaret Kuhne	South Gippsland Hospital
17	Marilyn Andrews	Bass Coast Community Health Service
18	Noela Fleming	South Coast Health Services Consortium (consumer rep)
19	Peter Brosnan	Bass Coast Community Health Service
20	Riet Bouman	Latrobe Community Health Service
21	Stacee Sherriff	South Gippsland Shire Council
22	Tim Howard	Gippsland Southern Health Service
23	Karen Graham	Bass Coast Community Health Service
24	Vicki Bradley	South Coast Health Services Consortium