

# Victorian adult and aged mental health services NOCC measures LSP-16 & BASIS-32®

## LSP-16 sub-scales

Clinician rated

0 = No difficulty; 3 = Extreme difficulty

Rate the general level of functioning over last three months

- 1. Conversation
- 2. Social contact
- 3. Warmth to others
- 8. Friendships

**Withdrawal**  
(0-12)

- 4. Grooming
- 5. Cleanliness of clothing
- 6. Neglect physical health
- 9. Adequate diet
- 16. Work capability

**Self care**  
(0-15)

- 10. Looks after own prescribed medication without reminding
- 11. Willing to take prescribed medication
- 12. Cooperation with health services

**Compliance**  
(0-9)

- 7. Violent
- 13. Problems with others
- 14. Offensive behaviour
- 15. Irresponsible behaviour

**Antisocial behaviour**  
(0-12)

# BASIS-32<sup>®</sup> sub-scales

Consumer rated

Rate the general level of difficulty over the past two weeks

0 = No difficulty; 4 = Extreme difficulty

Maximum score per item is for

- 7. Relationships with family members
- 8. Getting along with people outside the family
- 10. Being able to feel close to others
- 11. Being realistic about yourself or others
- 12. Recognising and expressing emotions appropriately
- 14. Goals or direction in life
- 15. Lack of self confidence, feeling bad about yourself

**Relation to  
self/others**

- 6. Adjusting to major life stresses
- 9. Isolation or feelings of loneliness
- 17. Depression, hopelessness
- 18. Suicidal feelings or behaviour
- 19. Physical symptoms
- 20. Fear, anxiety or panic

**Depression/  
anxiety**

- 1. Managing day-to-day life
- 2. Household responsibilities
- 3. Work
- 4. School
- 5. Leisure time
- 13. Developing independence, autonomy
- 16. Apathy, lack of interest in things
- 21. Confusion, concentration, memory
- 32. Feeling satisfaction with your life

**Daily living/  
role function**

- 25. Mood swings, unstable moods
- 26. Uncontrollable, compulsive behaviour
- 28. Drinking alcoholic beverages
- 29. Taking illegal drugs, misusing drugs
- 30. Controlling temper, outbursts of anger, violence
- 31. Impulsive, illegal or reckless behaviour

**Impulsive/  
addictive behaviour**

- 22. Disturbing or unreal thoughts or beliefs
- 23. Hearing voices, seeing things
- 24. Manic, bizarre behaviour
- 27. Sexual activity or preoccupation

**Psychosis**