Mental Health Act 1986

Section 81

Local Hospital Patient Number:

Family Name:

Given Names:

Date of Birth: **Sex:**

Mental Health Statewide Patient Number

Alias:

MECHANICAL RESTRAINT CLINICAL OBSERVATIONS

Page No. of

A person can only be mechanically restrained while a current approval/ authority is in place.

At each change in shift, the senior registered nurse on duty must start a new 'Clinical Observations' page and complete the 'Restraint is applied by' details.

The patient must be:

- Under **continuous observation** by a registered nurse or registered medical practitioner.
- Reviewed as clinically appropriate to his or her condition at intervals of not more than 15 minutes by a registered nurse.
- Examined at intervals of not more than 4 hours by a registered medical practitioner. The first examination should occur as soon as possible after the medical practitioner is first notified of the restraint.
- Supplied with bedding and clothing appropriate to the circumstances.
- Provided with food and drink at appropriate times.
- Provided with adequate toilet arrangements.

Registered nurse means a nurse whose name is included in Division 1 or 3 of the register of nurses kept under Part 2 of the **Nurses Act 1993**.

A registered medical practitioner, the senior registered nurse on duty or the delegated/ authorised psychiatrist must release the person from restraint **without delay** if the continued use of restraint is no longer necessary.

Restraint is applied by: Designation:
name of senior registered nurse on duty

Date: Time: 24 Hour Signed:

Review Time Intervals of no more than 15 minutes	**Comments/Observations**	**Completed by:**	
		Name	**Designation**
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I released the patient from restraint on: date at: 24 Hour

Name:

Signed: Designation:

To be completed when patient is released from restraint:

Actual time restrained:

Start: date at: 24 Hour Finish: date at: 24 Hour Total time: hours mins

White - ADMIN Yellow - PATIENT FILE

MHA 28A AUTHORITY MECHANICAL RESTRAINT

ROLLS FILING SYSTEMS (03) 8770 1111

JAN 2007