

SOUTHERN CONSULTANCY PANEL

Southern Metropolitan Region

Presentation by

Anne Kenneally: Manager, Disability Client Services, DHS SMR

Dr Paul Denborough: Director, Alfred CAMHS

Sam Cavarra: Manager, Child Protection, DHS SMR

SOUTHERN METROPOLITAN REGION

Southern Consultancy
Panel



14 September 2005

Southern Consultancy Panel

The **Southern Consultancy Panel** comprises senior SMR representatives who meet with those involved to discuss clients with complex needs where there are ongoing case management dilemmas.

Background

- Southern Consultancy Panel has been operational since mid 2003
- Model is derived from the former Northern Metropolitan Region, Regional Review & Advisory Panel (RRAP).

SCP Members

Child & Adolescent Mental Health -

Dr Paul Denborough (Alfred CAMHS) – Chair

Dr Paul Lee (Southern Health CAMHS)

Drug Treatment – Carmel Cataldo

Child Protection – Sam Cavarra

Education – John Haines

Disability Services – Anne Kenneally

Residential Community Services – Leo Richardson

Juvenile Justice – Wendy Howard

Take Two – Craig Cowie

Youth Placement & Support – Georgia Crilis

The Panel aims to

- Recommend solutions to enhance outcomes for shared clients with complex needs
- Support practitioners who are working with the most challenging young people in the region
- Achieve a more integrated service system

What does the Panel provide

- Secondary consultation to clarify direction out of a stuck situation
- Coordinated cross sector planning for complex clients. Heads of programs will take on issues to try and resolve problems
- Advice about assessment and treatment
- Guidance on principles, guidelines and protocols of good practice

Panel Agenda

- Meet first for 45 minutes to discuss problem and establish understanding of issues
- Meet with referrers for one hour and summarise issues and ask any clarifying questions
- Attempt to get different perspectives of the problem heard
- Try to establish common understanding of the problem
- Facilitate a solution to the problem or at least the appropriate pathway for a solution to be found

Review of Panel Referrals

- 26 cases referred to date
- One three year old, one ten year old
- The others were high risk teenagers with significant aggression / self harm

Spread of referrals across sectors

- Community Service Organisation - 7
- Disability Client Services - 3
- CAMHS - 4
- DE&T - 4
- Child Protection - 6
- Juvenile Justice - 2

Usually clients were involved with Disability Client Services / Child Protection / CAMHS / CSO

Common Themes

- Assisting with transition into adult system
- Clarification of roles and responsibilities on the care team which can include the appointment of a coordinator
- Ideas regarding managing risk
- Difficulty in accessing appropriate accommodation

Specific Issues

- Two Child Protection referrals seemed about getting CAMHS involved
- One CAMHS referral seemed about getting Child Protection involved
- Several cases involved clarifying a crisis plan and in particular the role of secure welfare vs adolescent inpatient unit

Reasons for the Panel's success

- Strong focus on client needs and outcomes
- All members committed to improving case coordination
- Develops informal contacts which can be used to assist the resolution of case related issues
- CAMHS chairs the SCP
- Panel provides a formal structure in which CAMHS is an active participant

Other Achievements

- Development of Red Book "*Model of Crisis Response to Children & Young People in Working Hours*" (Jan 2000)
- Development of Gold Book "*After Hours Linkage Agreement Responding to Young People in Psychiatric Crisis*" (April 2004)

Linkages

- Working Together Strategy Intersectoral Management Group – opportunity to feedback systemic issues
- SMR Take Two Regional Advisory Group – supported the Regional implementation of Take Two Intensive Therapeutic Service
- SMR Southern Therapeutic Access & Coordination Regional Advisory Group – ongoing role to improve access for child protection clients to Regional therapeutic services.



SOUTHERN METROPOLITAN REGION

**Working Together
Strategy**