

Early Intervention for Children With Challenging & Difficult Behaviours



KKPP: Kool Kids Positive Parents
(EH CAMHS)

CAST: CAMHS
& Schools Together
(Grampians CAMHS)



What KKPP & CAST offer

■ A Multi Level Approach

Community Level

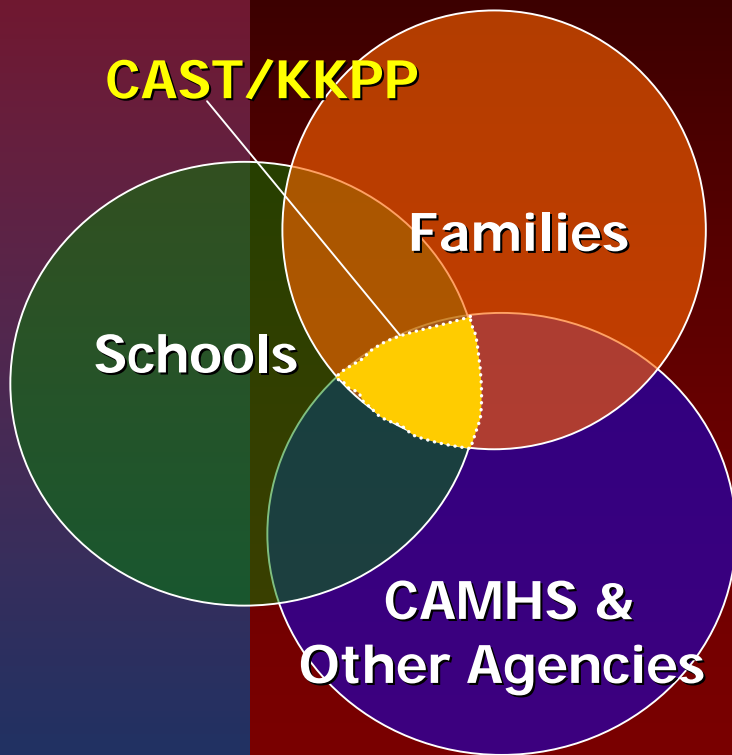
School Level

Classroom Level (Prep-2)

Group Level (Prep-2)

Individual Level (Prep-2)

Background



- **Early intervention framework**
 - Evidence and practice based
 - Children in prep to grade 2
- **Focus 1**
 - The disruptive behaviours of children in early primary school
- **Focus 2**
 - Enhance and develop collaborative systems between CAMHS and schools

Intervention Model

Universal (CAST & KKPP)

- All grade prep, 1 and 2 students
- All staff- teachers, principals, SSSOs
 - All parents and carers

Targeted (CAST & KKPP)

- Children displaying disruptive behaviours.
- Their Parents and carers of children
 - Their teachers

Indicated (CAST & KKPP)

- Children with severe levels of disruptive behaviour.
 - Their Parents and carers
 - Their Teachers

School Response

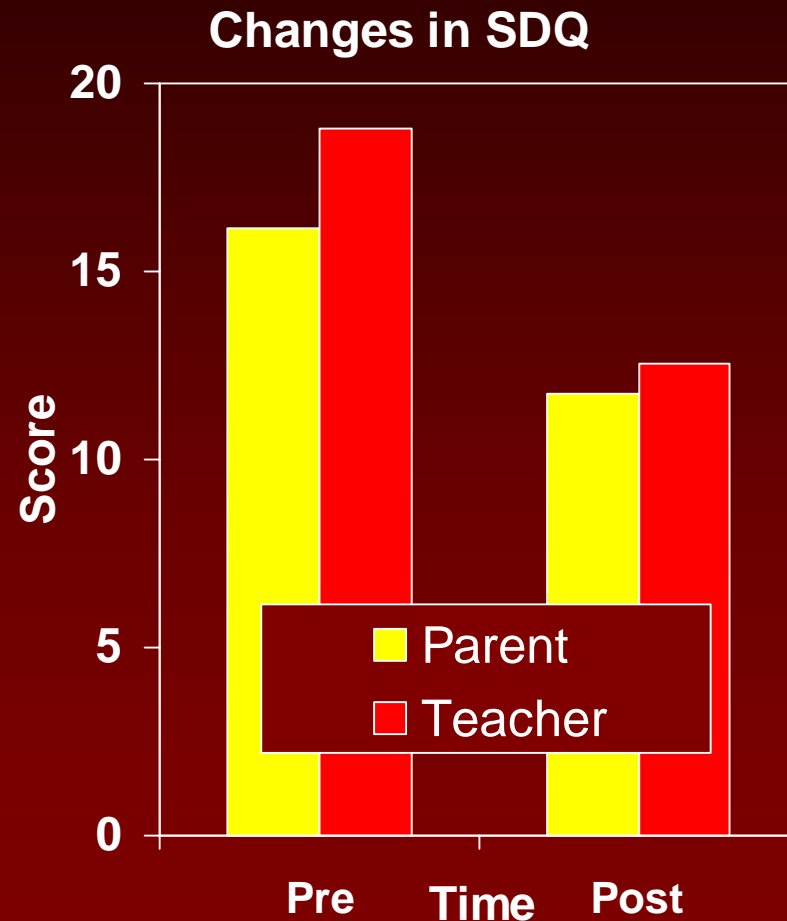
- An increased level of cooperation from schools is essential
- Service delivery is within the school location
- Prep - grade 2 gap in service for children with challenging behaviour
- Meets a huge teacher need and is seen as especially supportive

CAST Feedback

- Initial feedback is positive:
- Well received by staff from all schools
- All schools wanted the program to continue
- Changes to children's self-esteem
- Schools feel a greater link to CAMHS

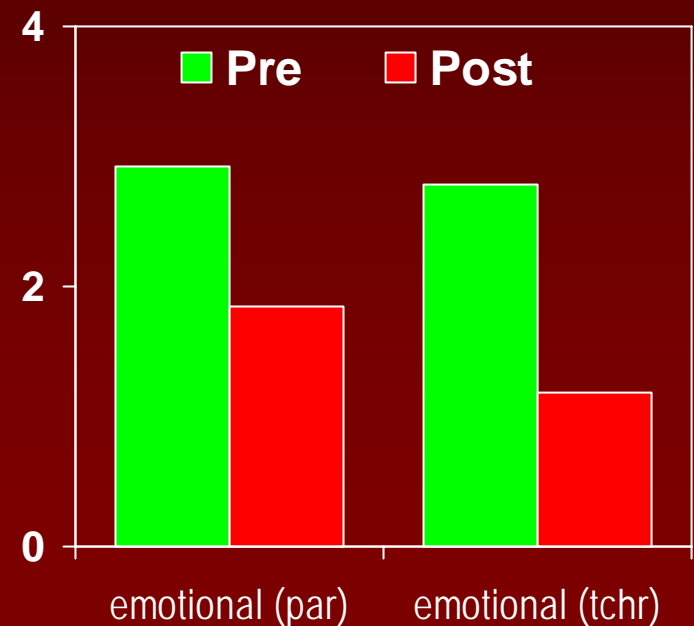
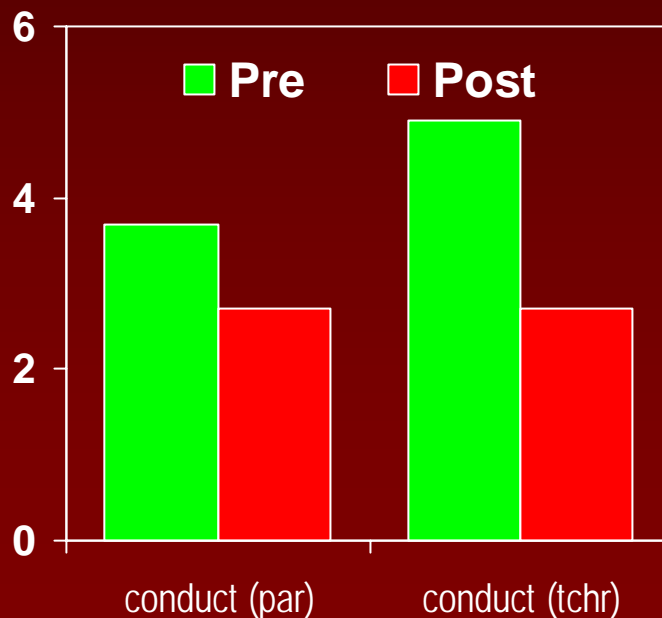
Change for Parents and Teachers

- Significant decrease in parents and teachers ratings of total symptoms
- Parents
 - Clinical/ borderline range
 - Pre 69% - Post 29%
- Teachers
 - Clinical/ borderline range
 - Pre 79% - Post 68%



and conduct & emotional symptoms

- Conduct and emotional symptoms show significant decrease for teachers and parents
- Significant improvements in
 - Social skills for parents and teachers
 - Problem behaviours for parents



Where to from here?

- Commitment to the roll out of new projects:
 - 2005/2006:
 - ❖ NE CAMHS
 - ❖ RCH CAMHS