

Integrated health promotion resource kit



7. Useful resources and endnotes

Department of Human Services

- The Primary Health Knowledgebase promotes and supports effective exchange of information relevant to providers of primary health care services in Victoria. See the website at <http://www.health.vic.gov.au/healthpromotion>
- The Public Health Branch, Rural and Regional Health and Aged Care Services, Department of Human Services, has responsibility for policy development, funding, monitoring and legislation in relation to a wide range of public health services. A range of publications are available from: <http://www.health.vic.gov.au/phtopics>
- The Better Health Channel is the department's community-focused Internet site, which provides health and health services information. A range of information is available from: <http://www.betterhealth.vic.gov.au>
- The *Health promotion strategies bulletin* aims to facilitate information sharing, communication and dissemination of quality health promotion examples across the department and other major health promotion organisations, local service providers and community-based groups. Each edition is downloadable from: http://www.health.vic.gov.au/healthpromotion/resources_links/bulletin_back.htm

Other resources

Disclaimer

Below is a listing of further resources and websites. Please note that this resource list is provided for information purposes only. No claim is made as to the accuracy or authenticity of the content of the resources and websites.

Consumer and community participation

Arnstein, S., (1969), A Ladder of Citizen Participation, *Journal of American Institute of Planners*, Vol 57, No 4, pp 176–182.

Communitybuilders.nsw is an interactive electronic clearing house for everyone involved in community level social, economic and environmental renewal including community leaders, community and government workers, volunteers, program managers, academics, policy makers, youth and seniors.

<http://www.communitybuilders.nsw.gov.au/>

Community engagement in the NSW planning system has a website with a centralised source of reference material for anyone keen to improve the quality of community engagement in this system at local, regional or State levels. While it is NSW focused, it contains a broad range of tools to help with community engagement. <http://www.iplan.nsw.gov.au>

Consumer Focus Collaboration (2000) *Education and training for consumer participation in health care: resource guide and final report*, Canberra, Commonwealth Department of Health and Aged Care.

Consumer Focus Collaboration (2000) *Feedback participation and consumer diversity, literature review and annotated bibliography*, Canberra, Commonwealth Department of Health and Aged Care.

Consumer Focus Collaboration (2001) *Review of the existing models of reporting to consumers on health service quality*, Canberra, Commonwealth Department of Health and Aged Care.

Consumer Focus Collaboration (2001) *The evidence supporting consumer participation in health*, Canberra, Commonwealth Department of Health and Aged Care.

Consumers' Health Forum of Australia (1999) Fourth Edition, *Guidelines for consumer representatives: suggestions for consumer or community representatives working on committees*, Lyons (ACT): Consumers' Health Forum of Australia.

Department of Human Services (2000) *Community advisory committee guidelines and community advisory committees: an aid to community participation*, Victorian Government Department of Human Services, Melbourne. Downloadable from <http://www.health.vic.gov.au/consumer/index.htm> See also a range of publications related to the consumer information and participation program for Victoria's public hospitals at this site.

Department of Human Services (2002) *A supplementary report on primary care partnerships consumer, carer and community participation*, Victorian Government Department of Human Services, Melbourne. Downloadable from http://www.health.vic.gov.au/pcps/downloads/publications/Consumer_Carer_report.pdf

Department of Human Services (2003) *Building community partnerships: consumer, carer and community participation in primary care partnerships*, Victorian Government Department of Human Services, Melbourne. Downloadable from <http://www.health.vic.gov.au/pcps/publications/building.htm>

Department of Public Health, Flinders University and South Australian Community Health Research Unit (2000), *Improving health services through consumer participation: a resource guide for organisations*, Canberra, Commonwealth Department of Health and Aged Care.

The Health Issues Centre Inc. provides an email bulletin, a journal, resources, research and training related to consumer participation. See their website at: <http://www.healthissuescentre.org.au>

The National Resource Centre for Consumer Participation in Health (NRCCPH) is a:

- clearinghouse for information on consumer feedback and participation methodologies
- centre of excellence where people can seek advice and assistance to develop, implement and evaluate consumer participation methods and models
- centre for research and special projects on consumer participation topics.

For further information see their website at <http://www.participateinhealth.org.au>

SPICE Consulting (1998), *The kit: a guide to the advocacy we choose to do. A resource kit for consumers of mental health services and family carers*, Canberra: Mental Health Branch Commonwealth Department of Health and Family Services.

Tatyo, M., Hirst, R., Murray, C and Verity, F. (1995) *The little purple book of community repping*, Kookaburra Press, Adelaide.

Victorian Department of Human Services (1999) *A guide to participation for older Victorian's*, Aged Care Division, Melbourne.

Health and wellbeing topics and population groups

Adolescent health

Evidence-based health promotion: resources for planning. No. 2 Adolescent health May 2000 downloadable from

http://www.health.vic.gov.au/healthpromotion/quality/adolescent_hlth.htm

The Australian Clearinghouse for Youth Studies (ACYS)

<http://www.acys.utas.edu.au/index.html> provides information and services for those working in the youth field. The site also offers a monthly online newsletter and extensive resources related to adolescent health.

The Gatehouse Project is a research project aimed at promoting emotional wellbeing of young people in schools. The project has been conducted by the Centre for Adolescent Health in Victorian secondary schools since 1996. See their website at <http://www.rch.unimelb.edu.au/gatehouseproject/>

Arthritis

Arthritis is now a national health priority area.

See the Department of Health and Ageing website on national health priority areas is at: <http://www.health.gov.au/internet/wcms/publishing.nsf/Content/pq-arthritis>

Asthma prevention and management

National priority areas asthma website at

<http://www.health.gov.au/internet/wcms/publishing.nsf/Content/health-pq-asthma-index.htm>

Asthma Victoria at <http://www.asthma.org.au>

National Asthma Council Australia: <http://www.nationalasthma.org.au>

Victorian Asthma Health Educators Association: at

<http://www.asthmaeducatorsvic.org.au>

Cancer prevention, early detection (including sun protection)

National Health Priority Areas cancer website at

<http://www.health.gov.au/internet/wcms/publishing.nsf/Content/cancer-australia-lp1>

Victorian Cervical Screening Program

State Plan 2001–2004 downloadable from

<http://www.health.vic.gov.au/archive/archive2004/cervicalcancer/index.htm>

National program for the early detection of breast cancer: the Victorian program

December 2002 downloadable from <http://www.health.gov.au/internet/screening/publishing.nsf/Content/breastscreen-about>

SunSmart campaign direction for 2000–2003 (Cancer Council of Victoria)

downloadable from <http://www.sunsmart.com.au>

Cardiovascular disease

National health priority areas cardiovascular disease website at

<http://www.healthconnect.gov.au/internet/wcms/publishing.nsf/Content/pq-cardio>

National Stroke Foundation <http://www.strokefoundation.com.au/>

Best practice guidelines for cardiac rehabilitation and secondary prevention 1999

downloadable from <http://www.health.vic.gov.au/nhpa/downloads/synopsis.pdf>

National Heart Foundation of Australia at <http://www.heartfoundation.com.au/>

Australian Institute of Health and Welfare (2001) *Chronic disease and associated risk factors in Australia*, Australian Institute and Welfare, Canberra.

National Public Health Partnership (2001) *preventing chronic disease: a strategic framework – background paper*.

Childhood health and development

Best Start website at <http://www.beststart.vic.gov.au>

The health of young Victorians – October 1998 downloadable from

<http://www.health.vic.gov.au/healthstatus/publications/hyv.htm>

The Positive Spin website looks at proactive approaches to the mental health of children and young people <http://www.positivespin.com.au>

Department of Human Services (2001) *Best start for children: summary of the evidence based underlying investment in the early years*, prepared by Centre for Community Child Health, Royal Children's Hospital, Melbourne.

(for child injury prevention see Injury prevention below)

Diabetes prevention and management

National health priority areas – diabetes mellitus website at

<http://www.health.vic.gov.au/nhpa/diabetes.htm>

National evidence based guidelines for the management of type 2 diabetes mellitus: primary prevention, case detection and diagnosis (2001) downloadable from:

<http://www.nhmrc.gov.au/publications/synopses/di7todi13syn.htm>

American Diabetes Association (2002) *Position statement, screening for diabetes*, *Diabetes Care* 25:S21–S24, 2002.

Victorian Retinopathy Screening Development Program: summary report. Diabetic retinopathy screening: a planning tool and resource guide.

The Eyes on Diabetes site is at: <http://www.eyesondiabetes.org.au>

A list of HARP funded projects is at:

<http://www.health.vic.gov.au/harp-cdm/index.htm>

Diabetes Australia at: <http://www.diabetesaustralia.com.au/>

The International Diabetes Institute at <http://www.diabetes.com.au/about.php>

Gay and lesbian health

Ministerial Advisory Committee on Gay and Lesbian Health website at

<http://www.health.vic.gov.au/macglh>

What's the difference? health issues of major concern to gay, lesbian, bisexual, transgender and intersex (GLBTI) Victorians downloadable from

<http://www.health.vic.gov.au/macglh/difference.htm>

Healthy ageing and specifically falls prevention

Active living: getting better with age - activity options for older people website at http://www.goforyourlife.vic.gov.au/hav/articles.nsf/web1/older_adults?open

Evidence-based health promotion: resources for planning. No. 3 Falls prevention (2001) downloadable from http://www.health.vic.gov.au/healthpromotion/downloads/falls_prevention.pdf

Preventing Falls Among Older People website at

<http://www.health.vic.gov.au/agedcare/maintaining/falls/index.htm>

Healthy eating and weight

Public Health Nutrition website at <http://www.dhs.vic.gov.au/phd/nutrition>

A healthy balance: Victorians respond to obesity report downloadable from <http://www.health.vic.gov.au/nutrition/obesity/reports.htm>

Eat well Australia: an agenda for action for public health nutrition 2000-2010 downloadable from http://www.health.vic.gov.au/nhpa/resources/nu_eatwell.htm

The Strategic Inter-Governmental Nutrition Alliance (SIGNAL) is a national partnership of government health authorities formed to coordinate action to improve the nutritional health of Australians. See their website with a range of publications at <http://www.nphp.gov.au>

(see also Body Image under Mental health Promotion)

Illicit and licit drugs – harm minimisation

Victorian Alcohol Strategy: stage 1 (June 2002) downloadable from
<http://www.health.vic.gov.au/drugservices/pubs/alcstrat.htm>
<http://www.health.vic.gov.au/drugs/index.htm>

Injury prevention

Victorian Injury Prevention Program website at:
<http://www.health.vic.gov.au/injury/>

Evidence-based health promotion: resources for planning. No. 4 Child injury prevention (2001) downloadable from
http://www.health.vic.gov.au/healthpromotion/quality/child_injury.htm

Koori and Indigenous health

Achieving improved Aboriginal health outcomes-an approach to reform (August 1996) downloadable from <http://koori.health.vic.gov.au/>

The Australian Indigenous Health Infonet is a dynamic resource, which makes published, unpublished and specially developed material about Indigenous health accessible to interested professionals and the community. Services provided via this website include a noticeboard, information about conferences, and a listserv. This site also provides a good set of Indigenous and health related links. See the website at: <http://www.healthinfonet.ecu.edu.au>

The Public Health Bush Book is an innovative Internet based resource, which provides practical support for people working as part of remote health care teams. It is a practical guide that resources community health workers to work with individuals, families groups and communities. See the website at http://www.nt.gov.au/health/healthdev/health_promotion/bushbook/bushbook_toc.shtml

Aboriginal and Torres Strait Islander Commission:
<http://pandora.nla.gov.au/tep/41033>

Local government planning for health and wellbeing

Local Government Planning for Health and Wellbeing website at
<http://www.health.vic.gov.au/localgov/>

Municipal public health planning framework (2001) downloadable from
<http://www.health.vic.gov.au/localgov/mphp/index.htm>

Men's health promotion

Search <http://www.vichealth.vic.gov.au/> for current 'Men's health' topics

Mental health promotion

National health priority areas – mental health website at
<http://www.health.vic.gov.au/nhpa/>

Evidence-based health promotion: resources for planning. No. 6 Body image (2002)
 downloadable from

http://www.health.vic.gov.au/healthpromotion/quality/body_image.htm

VicHealth mental health promotion plan foundation document: 1999–2002

http://www.togetherwedobetter.vic.gov.au/resources/pdf/Mental_Health_Foundation_Document.pdf

VicHealth mental health promotion plan 1999–2002

http://www.togetherwedobetter.vic.gov.au/resources/pdf/Mental_Health_Foundation_Document.pdf

Promoting Mental Health Network is a listserv for service providers who works or has an interest in the area of mental health promotion. Connect to the Yahoo group by following the links from:

<http://www.togetherwedobetter.vic.gov.au/resources/mhpromo.asp>

Rowling L. et al. (eds) (2002) *Mental health promotion and young people: concepts and practice*, Published by McCraw Hill, Australia.

Multicultural health

A range of resources from the Victorian Office of Multicultural Affairs including *Access to information about government services among culturally and linguistically diverse audiences* (2001), *Valuing cultural diversity* (2002), *Victorian multicultural resources directory 2002–03* (3rd ed.).

Action on Disability within Ethnic Communities Inc. (2003) *The better ethnic access to services kit: a resource for primary care partnerships*, Downloadable from www.dhs.vic.gov.au/phkb under PCP Strategy publications. A range of information is also available from the Action on Disability within Ethnic Communities website at: <http://www.adec.org.au/>

The Centre for Culture Ethnicity and Health serves to enhance, develop and support the capacity of Victorian health care agencies and staff to provide high quality services to a culturally and linguistically diverse community. Check out their resources at <http://www.ceh.org.au>

The Ethnic Communities' Council of Victoria is the peak non-government body representing the views of ethnic communities throughout Victoria. See their website at: <http://www.eccv.org.au/>

The Health Translations Online Directory aims to:

- improve access to health information for people who speak languages other than English
- reduce duplication of translated information. Agencies are encouraged to register their translated health information on the directory
- enhance the sharing of translated health information. The directory is a web portal providing direct links to translated health resources.

For more information and to register go to: <http://www.healthtranslations.vic.gov.au>

The multicultural communication website is a useful resource for health professionals working with communities from culturally and linguistically diverse backgrounds. The website offers a range of valuable resources including a directory of multicultural health promotion projects and research, a number of useful guidelines and an online catalogue. See their website at:

<http://www.mhcs.health.nsw.gov.au/>

The Victorian Multicultural Commission (VMC) promotes the participation of Victorians regardless of their ethnicity, culture and religious background in building a successful future. See their website at: <http://www.multicultural.vic.gov.au>

Victorian Interpreting & Translating Services (2000), *We speak your language: a guide to cross-cultural communication*, Melbourne. Downloadable from

<http://www.vits.com.au/>

Neighbourhood renewal

Neighbourhood Renewal – Growing Victoria Together November 2002 downloadable from <http://www.neighbourhoodrenewal.vic.gov.au/ooh/web/nrwsite.nsf/doclookup/publications?opendocument>

Oral health promotion

Promoting oral health 2000–2004: strategic directions and framework for action downloadable from http://www.health.vic.gov.au/healthpromotion/downloads/promoting_oral_health.pdf

Evidence-based health promotion: resources for planning. No. 1 Oral health (2000) downloadable from http://www.health.vic.gov.au/healthpromotion/quality/oral_health.htm

Physical activity

Active for Life website at <http://www.dhs.vic.gov.au/phd/activeforlife/index.htm>

Physical activity, active for life: the Victorian Government framework (2000)

downloadable from <http://www.dhs.vic.gov.au/phd/activeforlife/publications.htm>

National Public Health Partnership (2001) *Promoting active transport: an intervention portfolio to increase physical activity as a means of transport*, Melbourne.

Downloadable <http://www.nphp.gov.au/>

Reproductive and sexual health

<http://www.health.vic.gov.au/immunisation/home>

Family Planning Victoria website at <http://www.sexlife.net.au/>

Rural health promotion

Rural Health Promotion Development Program - summary report (2001)

downloadable from <http://www.health.vic.gov.au/ruralhealth/>

Victorian Rural Human Services Strategy website at

<http://www.dhs.vic.gov.au/vrhss/>

Rural and Regional Health Services Branch website at

<http://www.dhs.vic.gov.au/rrhacs>

Tobacco control

Victorian tobacco action plan (2002) downloadable from

<http://www.tobaccoreforms.vic.gov.au>

Quit Victoria website at: <http://www.quit.org.au/>

Vaccine preventable disease control

Victoria's immunisation policy (2001) and Beyond downloadable from

<http://www.health.vic.gov.au/immunisation/home>

Women's health and wellbeing

Victorian women's health and wellbeing strategy:

- *Policy statement and implementation framework 2002-2006*

- *Annual action plan 2002-2003*

downloadable from <http://www.women.vic.gov.au>

Women's Health Victoria is an independent statewide women's health promotion, advocacy and information service run by women for women. See their website at <http://www.whv.org.au/>

Women's Health Australia website: <http://www.alsw.org.au/>

Women's Health West (2002) *A gender agenda: planning for an inclusive and diverse community*, ISBN: 0 9585404 4 6, Melbourne.

Planning, implementation and evaluation for health promotion

Baum, F. 1998, *The new public health: an Australian perspective*, Oxford University Press, Melbourne.

Bickman L. (1987) The functions of program theory, *New Directions in Program Evaluation*, (33) 5–18.

Central Sydney Area Health Service and NSW Health (1994) *Program management guidelines for health promotion*, State Health Publication, Sydney. ISBN 0 7310 90576 7

Commonwealth Department of Health and Family Services (1999) *The kit: A guide to the advocacy we choose to do*, Canberra.

Country Health Services Division, South Australian Health Commission (1996) *Understanding rural health needs: a manual for regional planning*, Adelaide.

Funnel S. (1997) Program Logic: an adaptable tool for designing and evaluating programs, *Evaluation Methodology*, July 5–17.

Green, L. W. and Kreuter, M. W. (1991) *Health promotion planning: an educational and environmental approach*, Second edition, Mayfield Publishing, Mountainview USA.

Harris, E., Wise, M., Hawe, P., Finlay, P. and Nutbeam, D. (1995) *Working together: intersectorial action for health*, Australian Government Publishing Service. Canberra.

Hawe, P., Degeling, D. and Hall, J. (1990) *Evaluating health promotion, a health worker's guide*, MacLennan and Petty, Sydney.

Infoxchange <http://www.infoxchange.net.au> is a very well designed and popular Victorian site. Its aim is to use information technology for social justice. The site provides information on services to agencies and individuals. Other elements include a community support services database and a weekly newsletter, *Infocasts*, of material relevant to health and welfare workers across Victoria.

Keating C. (2002) *An evaluation guide for community arts practitioners*, State Government of Victoria.

May, A., Crawford, J., Marconi, J. and Radoslovich, H. (1997) *Preparing the ground for healthy communities: a workforce development manual*, Rural Health Training Unit, Adelaide.

Naidoo, J. and Wills, J. (2000) *Health promotion foundations for practice*, Second Edition, Bailliere Tindall, Sydney.

National Public Health Partnership (2000) *Deciding and specifying an intervention portfolio*, Melbourne, Victoria.

North Central Metropolitan PCP (2002) *Promoting a healthy life for our community: a guide to social marketing*, published by North Central Metropolitan PCP.

NSW Health and the Australian Centre for Health Promotion, Department of Public Health and Community Medicine, University of Sydney (2001) *Indicators to help with capacity building in health promotion*, Sydney.

- Nutbeam, D. and Harris, E. (1998) *Theory in a nutshell: a practitioner's guide to commonly used theories and models in health promotion*, National Centre for Health Promotion, Sydney.
- O'Conner, M. L. and Parker, E. (1995) *Health promotion: principles and practice in the Australian context*, Allen and Unwin, Sydney.
- Public Health Strategy Unit (1999) *Public health bush book*, Northern Territory Health Service, Darwin.
- Radoslovich, Helen and Barnett, Kate (1998) *Making the move: health promoting health services*, South Australian Department of Human Services, Adelaide.
- Roe, M. (1995) *Working together to improve health: a team handbook*, Centre for Primary Health Care, University of Queensland, Brisbane.
- The Health Communication Unit (2001) *Introduction to health promotion planning*, Ontario Ministry of health, Ontario.
- The Local Government Planning for Health and Wellbeing website at <http://www.health.vic.gov.au/localgov/> provides a range of publications and resources including the municipal public health planning framework.
- The role of health promotion within integrated health systems* by the Working Group on Integrated Health Systems, 1998.
- The South Australian Community Health Research Unit aims to develop healthy communities through research, training and consultation. The website provides access to a range of publications and profiles a number of innovative research projects, such as the Project Evaluation Wizard – a software tool aimed at supporting health professionals to develop project and evaluation plans. Information on publications about community-based health promotion planning and evaluation are also available at this website. <http://www.sachru.sa.gov.au>
- Victorian Local Government Association consultation site <http://www.vlgaconsultation.org.au/>
- Vinson, T. (1999). *Unequal in health: access to comprehensive health services and Unequal in life: the distribution of social disadvantage in Victoria and New South Wales*, Jesuit Social Services.
- Walker R. (2000) *Collaboration and alliances: a review for VicHealth*, Victorian Health Promotion Foundation.
- Wass, A. (2000), *Promoting health: the primary health care approach*, Second edition, Bailliere Tindall, Sydney.
- Women's and Children's Hospital (1994), *Guidelines for the development of written health information*, South Australia.
- World Health Organisation (1978) *The Alma Ata Declaration*, Geneva.
- World Health Organisation (1986) *Ottawa Charter for Health Promotion*, Geneva.

World Health Organisation (1997) *Jakarta Declaration on Leading Health Promotion in the Twenty-first Century*, Geneva.

World Health Organisation (1998) *Social determinants of health: the solid facts*.

World Health Organisation (1998) *Health promotion glossary*.

World Health Organisation Regional Publications (2001) *Evaluation in health promotion: principles and perspectives*, edited by I. Rootman et al., WHO regional publications. European Series; No. 92.

International websites and resources

International

The Department of Non-Communicative Diseases (NCD) Prevention and Health Promotion, WHO, works to reduce the incidence of NCDs and promote positive health and wellbeing, with a focus on developing countries. Their website gives full details of these initiatives. Go to <http://www.who.int/hpr/support.material.shtml>

United Kingdom

The Health Development Agency (HDA) identifies the evidence of what works to improve people's health and reduce health inequalities. In partnership with professionals, policy makers and practitioners, it develops guidance and works across sectors to get evidence into practice. See their website at http://www.nice.org.uk/aboutnice/whoweare/aboutthehda/about_the_hda.jsp

HealthPromis is the national public health database for England, and is produced by the Health Development Agency. HealthPromis focuses on evidence-based public health, health promotion and health inequalities.

The database, which contains references and document links to books and journal articles, is aimed at health professionals, researchers, academics and policy makers.

The Health Education Board for Scotland (HEBS) is the National Centre for Health Promotion Expertise and a WHO collaborating centre. Working with professionals at the practice and policy level in Scotland, HEBS encourages an approach informed by reliable evidence of what is and is not effective for promoting health.

Wales Health Promotion Library

<http://new.wales.gov.uk/topics/health/ocmo/publications/library/?lang=en>

Canada

CLICK4HP is a Canadian health promotion discussion list. Currently there are about 1000 members from across the world. Members of the mailing list regularly debate issues in contemporary health promotion, seek input regarding program development and evaluation and share useful reports, publications and resources. Many Australian health promotion practitioners are active participants of CLICK4HP.

To subscribe send an email to LISTSERV@YORKU.CA with the subject line blank and a message saying SUBSCRIBE CLICK4HP. This will be followed up with a confirmation email to your email. Alternatively you can join through the CLICK4HP website at <http://listserv.yorku.ca/archives/click4hp.html>
Archives of previous information are also available at this address.

Health Canada hosts a comprehensive health promotion website <http://www.hc-sc.gc.ca/english/care/hpo.html> which links to their directories of resources, tools and programs. Also linked to this site is Health Promotion on-line http://www.hc-sc.gc.ca/english/for_you/hpo/index.html with current news and programs. The Health Canada population health approach web site provides a comprehensive range of reports, research documents, strategy papers and policy papers relating to population health. A number of useful links are also available on this website. <http://www.hc-sc.gc.ca/hppb/phdd/resources/index.html>

The Health Communication Unit <http://www.thcu.ca/infoandresources.htm> at the Centre for Health Promotion, University of Toronto, has an extensive listing of websites and list serves covering the topics of health promotion, planning, evaluation, health communication and policy development.

The Centre for Health Promotion at the University of Toronto overall site <http://www.utoronto.ca/chp/> gives links to a number of their programs and resources, including a WHO annotated bibliography of health promotion resources and the centre's own publications.

The Ontario Prevention Clearinghouse (OPC) is a not-for-profit agency working with groups and communities in Toronto, Canada. The website <http://www.opc.on.ca> provides a starting point for the services offered by the OPC as well as some great online publications and an excellent site of bookmarks and hot links.

Nova Scotia Health also provides a clearing house at the address <http://www.hpclearinghouse.ca/> One site available through the Clearinghouse that is of particular relevance to health promotion is Nova Scotia's Health Promotion and Protection web site <http://www.gov.ns.ca/hpp/index.asp>

The Tools of Change web site <http://www.toolsofchange.com> is founded on the principles of community-based social marketing and offers specific tools, case studies and a planning guide for health promotion. Many examples of best practice programs are also provided. The case study section is particularly useful and well designed.

The Canadian Centre for Policy Alternatives <http://www.policyalternatives.ca/> is an independent, non-profit research organisation. It aims to promote research on economic and social policy issues from a progressive point of view. The website provides access to a large number of research reports and policy papers.

USA

The Center for Disease Control and Prevention <http://www.cdc.gov/> is the main US public health site and provides comprehensive information about a range of public health issues, includes access to data and statistics, publications, and links to other public health web resources.

The Society for Public Health Education <http://www.sophe.org> provides a comprehensive website and includes information about courses, online presentations, publications, journals and resources.

Measuring Community Success and Sustainability is an interactive workbook http://www.ag.iastate.edu/centers/rdev/Community_Success/about.html which aims to provide guidance to communities, non-government agencies and health professionals wanting to improve their understanding of the ways to gather information that details progress toward community-based outcomes.

The Public Health Grand Rounds <http://publichealthgrandrounds.unc.edu> website periodically assembles a panel of specialists in public health to provide current information about a specific public health issue and to assess the problem from their professional perspective, knowledge and experience. The goal of Public Health Grand Rounds is to promote a leadership-level national dialogue on public health issues of strategic significance.

European

The Health Promotion Research Internet Network (HPRIN) is based at the Karolinska Institute in Sweden and provides links to health promotion research centres, schools of public health and other Internet resources of interest. Searches can be conducted by geographical region, which provides a useful breakdown. The HPRIN also manages a mailing list for group discussions.

A new site being established is called Review of Health Promotion and Education Online <http://www.rhpeo.org> The purpose and aim of the site is to improve the quality of health promotion and health education by publishing regularly a rating of recent articles that are relevant for development, implementation and evaluation.

Other national and interstate websites

Australian Capital Territory, Department of Health and Community Care:

<http://www.health.act.gov.au/> Specifically the ACT health promotion website at <http://www.healthpromotion.act.gov.au>

Australian Institute of Family Studies is a Commonwealth statutory authority established in 1980 to promote the identification and understanding of factors affecting marital and family stability in Australia: <http://www.aifs.org.au/>

Australian Institute of Health and Welfare (AIHW) is Australia's national agency for health and welfare statistics and information: <http://www.aihw.gov.au/>

Australian International Health Institute works in partnership with leading corporations, governments and non-government organisations, providing extensive consulting and advisory services and tailored education and training in health promotion, health policy and systems development, and health care delivery: <http://www.aihi.unimelb.edu.au/>

Centre for Immigration and Multicultural Studies, Australian National University: <http://cims.anu.edu.au/>

Centre for Health Program Evaluation <http://chpe.buseco.monash.edu.au>

Australian Department of Health and Ageing: <http://www.health.gov.au/>

National Public Health Partnership is a formal structure for the Commonwealth, State and Territory governments to develop a joint Australian intergovernmental agenda for public health into the next century: <http://www.nphp.gov.au/>

Northern Territory Health Service: <http://www.nt.gov.au/nths/>

NSW Public Health Division: <http://www.health.nsw.gov.au/public-health/> and specifically health promotion at <http://www.health.nsw.gov.au/public-health/health-promotion/>

Public Health Education and Research Program, which is funded by the Commonwealth Government to improve the quality of public health teaching at Australian universities: <http://www.hlth.qut.edu.au/ph>

Queensland Health: <http://www.health.qld.gov.au/>

South Australian Department of Human Services: <http://www.health.sa.gov.au/>

Tasmanian Department of Community and Health Services: <http://www.dchs.tas.gov.au/home.html>

The Australian Centre for Health Promotion provides information about professional development courses; current research activity and a range of publications: <http://www.health.usyd.edu.au/achp>

The School of Public Health at the Queensland University of Technology <http://www.hlth.qut.edu.au/ph/> provides an extensive listing of public health resources on the Internet. The listing is categorised under the headings of: useful sites; directories; search engines; health news; journals and newsletters; mailing list searching; Usenet newsgroups; Australian directories and interesting sites.

The Victorian Consortium for Public Health (VCPH) was established in 1993 and comprises four partners:

- The Faculty of Health and Behavioural Sciences, Deakin University
- The Faculty of Health Sciences, La Trobe University
- The Department of Epidemiology and Preventive Medicine, Monash University
- The School of Population Health, The University of Melbourne

The Consortium aims to support the enhancement of health in Australia and other countries through the development and implementation of high quality education, research, training and consultancy activities in public health:

<http://www.publichealth.vic.edu.au>

Western Australian Department of Health: <http://www.health.wa.gov.au/>

Professional associations and journals

Australian Journal of Primary Health

This journal focuses on the integration of theory and practice in primary health, utilising perspectives from a range of disciplines. The journal is published by the Australian Institute of Primary Care, Latrobe University. For further information contact the Institute at:

Phone: 03 9479 3700 Fax: 03 9479 5977

Email: ajph@latrobe.edu.au

Health Promotion International

Papers published in Health Promotion International highlight innovations from various sectors including education, health services, employment, legislation, the media, industry and community networks. Articles describe not only theories and concepts, research projects and policy formulation, but also planned and spontaneous activities, organisational change and social development:

<http://www.heapro.oupjournals.org/>

Public Health Association of Australia

The Public Health Association of Australia Inc (PHAA) provides a forum for the exchange of ideas, knowledge and information on public health. The association is also involved in advocacy for public health policy, development, research and training. Information related to the *Australian and New Zealand Journal of Public Health* is also available from this site. <http://www.phaa.net.au>

The Australian Health Promotion Association

This professional association is for people involved in the practise, research and study of health promotion. The Health Promotion Association's major objectives include providing opportunities for members' professional development, increasing public and professional awareness of the roles and functions of health promotion practitioners, and contributing to discussion, debate and decision making on health promotion policy and programs. Information related to the *Australian Health Promotion Journal* is also available from this site:

<http://www.vichealth.vic.gov.au/hpja/>

The International Union of Health Promotion and Education (IUHPE)

This is a leading global network working to promote health worldwide and contribute to the achievement of equity in health between and within countries. It draws its strength and authority from the qualities and commitment of its diverse network of members, and it has an established track record in advancing the knowledge base and improving the quality and effectiveness of health promotion and health education practice: <http://www.iuhpe.org/>

The Victorian Community Health Association (VCHA)

The VCHA is the peak representative body for the Victorian community health sector and is managed by a committee of management elected from and by its membership. The VCHA acts to strengthen the capacity of the sector to improve the wellbeing of the community through:

- membership driven policy development and strategic activity
- advocating for the application of primary health care principles
- facilitating the ongoing development of best practice in community health.

<http://www.vcha.org.au/>

Australian Health Promoting Schools Association:

<http://www.hlth.qut.edu.au/ph/ahpsa/>

Quality, evidence and effectiveness in health promotion

A comprehensive review of the health status of Victorians was undertaken, quantifying the contribution to the burden of disease in 1996 of mortality, disability, impairment, illness and injury arising from 176 diseases, injuries and risk factors (with this burden projected to 2016): <http://www.health.vic.gov.au/healthstatus/>

Davies J. and MacDonald G editors (1998) *Quality, evidence and effectiveness in health promotion: striving for certainties*, published by Routledge. For further information see <http://www.routledge.com>

Evidence for Policy and Practice Information Coordinating Centre:
<http://eppi.ioe.ac.uk/EPPIWeb/home.aspx>

National Health Service Centre for Reviews and Dissemination (NHS-CRD) is a sibling organisation to the Cochrane Centre. Most reviews focus on health care to support England's National Health Service but some reviews do examine health promotion and disease prevention www.york.ac.uk/inst/crd

Rural and Regional Health and Aged Care Services Divisions (2002) *The Victorian ambulatory care sensitive conditions study*, Victorian Government Department of Human Services, Melbourne.

The Campbell Collaboration: Focuses on the effects of social and educational policies and practice www.campbellcollaboration.org

The Cochrane Health Promotion and Public Health field
www.vichealth.vic.gov.au/cochrane

The Effective Public Health Practice Project (EPHPP) is a key initiative of the Public Health Research, Education and Development (PHRED) program. It is jointly funded by the Canadian Ministry of Health and Long-Term Care and the City of Hamilton, Social and Public Health Services Department.
www.city.hamilton.on.ca/sphs/ephpp/ephppSumRev.htm

The evidence of health promotion effectiveness: shaping public health in a new Europe, A report for the European Commission (2000).

The Health Development Agency – research and evidence:
http://www.nice.org.uk/aboutnice/whoweare/aboutthehda/about_the_hda.jsp

The Health Inequalities Research Collaboration (HIRC). Research in Australia and overseas has shown that people who experience social and economic disadvantage tend to be sicker and die younger than others. The goal of the collaboration is to enhance Australia's knowledge of the causes of and effective responses to health inequalities, and to promote vigorously the application of this evidence to reduce health inequalities in Australia.

The Victorian Government (Australia) is committed to supporting evidence-based practice in the planning and implementation of effective health promotion action. The practical use of evidence promises better health outcomes by informing practitioners, program planners and funding bodies as they develop and select health promotion strategies, methods and activities. The following four documents initiate the series:

- Evidence-based health promotion: resources for planning. No. 1 Oral health
http://www.health.vic.gov.au/healthpromotion/quality/oral_health.htm
- Evidence-based health promotion: resources for planning. No. 2 Adolescent health
http://www.health.vic.gov.au/healthpromotion/quality/adolescent_hlth.htm
- Evidence-based health promotion: resources for planning. No. 3 Falls prevention
http://www.health.vic.gov.au/healthpromotion/quality/falls_prevention.htm

- Evidence-based health promotion: resources for planning. No. 4 Child injury prevention http://www.health.vic.gov.au/healthpromotion/quality/child_injury.htm
- Evidence-based health promotion: resources for planning. No. 6 Body image http://www.health.vic.gov.au/healthpromotion/quality/body_image.htm

The Prevention Dividend Project is a Canadian initiative designed to provide some leadership in the critical, but underdeveloped, application of economic evaluations. By providing clear evidence of the relationship between **costs and consequences**, the project is showing that economic evaluations can help demonstrate the value or return on investment on early interventions and prevention programs.

Social determinants of health, health inequalities and social capital

Acheson, D. (1998), *Independent inquiry into inequalities in health*, The Stationary Office, England.

Berkman, L. and Kawachi, I. eds (2000), *Social Epidemiology*, Oxford University Press, New York.

Harris, E., Sainsbury, P. and Nutbeam, D. eds (1999) *Perspectives on Health Inequity*, Australian Centre for Health Promotion, Sydney.

Cox, E. (1995), *A Truly Civil Society*, ABC Books, Sydney.

Kawachi, I., Kennedy, B., Lochner, K. and Prothrow-Smith, D. (1997), Social capital, income inequality and mortality, *American Journal of Public Health* vol. 87, no. 9, pp. 1491–8.

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National Health Strategy (1992), *Enough to make you sick: how income and environment affect health*, Melbourne.

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Pope, Jeanette (2000) *Social capital and social capital indicators – a reading list*, Public Health Information Development Unit, University of Adelaide, Adelaide.

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Vinson, Tony (1999), *Unequal in Life: The distribution of social disadvantage in Victoria and New South Wales*, Ignatius Centre for Social Policy and Research, Jesuit Social Services.

Winter, I. ed. (2000) *Social capital and public policy in Australia*, Australian Institute of Family Studies, Melbourne.

World Bank Social Capital for Development website at <http://www.worldbank.org/poverty/scapital/whatsc.htm>

Statewide health promotion agencies and journals

The Statewide health promotion organisations: a partnership resource for local agencies (2002) is a directory, produced in response to the recommendation of both statewide and local agencies. It provides a map of statewide health promotion functions, defines the activities of each organisation and provides a point of contact for health promotion.

VicHealth is committed to enhancing the health promotion role at both the partnership and agency level by funding innovative health promotion initiatives and supporting capacity building activities.

See VicHealth's website at <http://www.vichealth.vic.gov.au>

Endnotes

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