

Victorian Oral Health Promotion Strategy Grants Program

Summary of Project Outcomes

Project title	Project target group and aim	Outcomes
<p>Promoting child oral health in a newly emerging Somali community.</p> <p>Banyule Community Health Service Inc.</p>	<p>Somali parents and family carers of children in the age group 0-5 years living in West Heidelberg.</p> <p>To improve oral health in a newly emerging Somali community by increasing access to timely dental screening and dental care and increasing parental knowledge, skill and support on nutritional and dental health preventive issues.</p>	<p>Development of culturally sensitive resources including an oral health resource kit in English and Somali languages consisting of a leader's manual and a participant's information folder.</p> <p>Promotion of resources to wider community.</p> <p>Publication of resources on CHS website (www.bchs.org.au).</p> <p>Resources highly commended by Somali community.</p> <p>Oral health education sessions will continue to be provided to new parent groups.</p> <p>Enhanced access to Preschool Dental Program (PDP) services by Somali community.</p> <p>Enhanced oral health promotion knowledge and skills.</p> <p>Development of lasting friendships between parents.</p>
<p>The development of an oral health screening tool (OHST) for people with chronic disabilities who are dependent on others for care and for older people.</p> <p>Bethlehem Health Care Melbourne.</p>	<p>Clients dependent on others for oral care, including the aged population, people with chronic disabilities and people with cognitive impairment.</p> <p>To develop a valid and reliable oral health screening tool (OHST) and comprehensive instruction manual for use by health professionals and carers working with people who have chronic disabilities and older people. Also to provide researchers and clinicians with a clinical indicator and benchmarking tool for oral health.</p>	<p>Development of an oral health screening tool and instruction manual for incorporation into the general health assessment and review processes for aged care and sub-acute facilities.</p> <p>A clinical trial of the tool is currently underway.</p> <p>Development of effective partnership with Dental Health Services Victoria (DHSV) .</p>
<p>Assisting aged care services to provide effective oral health care.</p> <p>Dental Health Services Victoria.</p>	<p>Older Victorians accessing general health services either in the community, home-based, or in a residential setting, especially those who may not be accessing dental care services and information on a regular basis.</p> <p>To develop functional, user-friendly resource materials for aged care providers and community support services to assist them to implement effective oral health strategies and access timely dental care for clients.</p>	<p>Establishment of Gerodontic Reference Group to provide a sustainable avenue for increased awareness and continuing educational opportunities in both the public and private sector.</p> <p>Development of resources for use in aged care settings including the <i>Consumer Information Resource</i> and <i>Practical Guidelines for Aged Care Services</i> . Using these resources, DHS has since published <i>Oral Health for Older People – A Practical Guide for Aged Care Services</i> which will assist nursing homes to meet Commonwealth Standards for nursing homes.</p> <p>Development of effective partnership with Victoria College of Pharmacy, Bethlehem Hospital and SCOPE.</p> <p>Enhanced oral health promotion knowledge and skills of aged care staff.</p>
<p>Pathways to Toothfriendly Confectionery.</p> <p>Dental Health Services Victoria.</p>	<p>Toothfriendly Sweets International, Switzerland, and Selected Confectionery Wholesalers and Manufacturers in Australia.</p> <p>To document the issues and map the pathways and framework for the introduction of nutrient messages, and possibly an easily identifiable logo, on the packaging of sugar-free confectionary.</p>	<p>Identification of pathways, processes and partnerships necessary to promote the consumer awareness of sugar free confectionary using a labelling strategy that is meaningful and sustainable within the Australian context.</p>

<p>Smile 2000; Douтта Galla Community Health Service Oral Health Promotion.</p> <p>Doutta Galla Community Health Service Inc.</p>	<p>New arrivals under refugee/special humanitarian programs that may also be survivors of torture and trauma and secondary school students at Kensington High School.</p> <p>To develop and document a culturally and linguistically appropriate program for use in the community, age appropriate dental health education sessions for secondary schools and a training program to enhance capacity of health workers and professionals to identify those at risk of developing caries.</p>	<p>Incorporation of oral health into school health curriculum- use of peer education model</p> <p>Continuation of an annual training day for all Douтта Galla Community Health Service staff.</p> <p>The African Community Liaison Officer at Douтта Galla CHS will continue to include oral health promotion on the agenda of future initiatives.</p> <p>Staff from the local community dental clinic will liaise regularly with school staff to ensure that oral health is prioritised.</p> <p>Enhanced oral health promotion knowledge and skills of participants.</p>
<p>Promoting oral health of disadvantaged infants in a culturally diverse municipality.</p> <p>City of Greater Dandenong, Greater Dandenong Community Health Service, Early Steps Child and Family Health Service, Bunurong (Aboriginal) Health Service.</p>	<p>African, Albanian and Chinese parents new to Australia, and Aboriginal families.</p> <p>To promote oral health of preschool children by targeting all families attending eight Maternal and Child Health (MCH) Centres, and through outreach and community development at Bunurong Health Service.</p>	<p>Integration of oral health promotion into M&CHN service business plan as a core activity.</p> <p>Oral health education will continue in new parent groups for first time parents.</p> <p>Development of comprehensive oral health resources including:</p> <ul style="list-style-type: none"> - PDP referral form in 17 community languages - culturally sensitive oral health education resource kits. <p>High degree of ownership and pride in resources noted by parents.</p> <p>Improved referral protocols and enhanced service linkages between MCHN, CHS and PDP.</p> <p>Enhanced oral health promotion knowledge and skills of participants.</p>
<p>Oral Health Project for people on Methadone programs and with substance use issues in the Outer Eastern Metropolitan Region.</p> <p>Knox Community Health Service.</p>	<p>People on methadone programs, problematic substance users, health professionals working with these groups including GP's, pharmacists, dentists, other community health and drug and alcohol workers.</p> <p>To increase the knowledge and skills regarding oral health of people on methadone and with other substance use problems in the Outer Eastern Metropolitan Region.</p>	<p>Development of comprehensive resources including:</p> <ul style="list-style-type: none"> - Teeth Tips wallet card. - Visual reminders for display at points of methadone provision - Sample care plans - information packages for target groups. <p>Sample oral health care plans have been incorporated as part of sample packs distributed by Knox Division of General Practice.</p> <p>Teeth Tips Wallet will continue to be available on Pharmacy College website.</p> <p>Increased knowledge of health professionals about oral health issues for people with problematic substance abuse and public dental services.</p> <p>Increased knowledge of CHS dental staff about health promotion strategies and strategies for marginalised groups.</p>
<p>Top tips for teeth oral health promotion project.</p> <p>Latrobe Community Health Service Inc. and Dental Health Services Victoria.</p>	<p>Primary and preschool children attending Woolem Bellum KODE School and Woolem Bellum preschool in the Latrobe Valley with a specific emphasis on Koori children.</p> <p>To improve oral health knowledge, attitudes and behaviours by developing supportive environments including implementation of a brushing program for children at selected primary and preschools. The project further aimed to build capacity of the oral health and community workforce to enhance oral health promotion practice.</p>	<p>Development of culturally sensitive resources including:</p> <ul style="list-style-type: none"> - magnet - information sheets. <p>Increased awareness of oral health issues for aboriginal community.</p> <p>Continuation of brushing program as a component of the new <i>Koori Health and Wellbeing Project</i>.</p> <p>A school policy relating to dental hygiene and brushing will be developed in consultation with the parents support club and teaching staff.</p> <p>Increased oral health knowledge and toothbrushing skills of participants.</p> <p>Enhanced linkages between teaching staff, aboriginal community and School Dental Service.</p> <p>Establishment of an effective partnership between Latrobe CHS, Gippsland Aboriginal health and Housing Co-operative, Woolum Bellum KODE School and Dental Health Services Victoria.</p>

<p>ABC - 123 for Koori Teeth.</p> <p>Murray Valley Aboriginal Health Service and Mallee Division General Practice.</p>	<p>Koori people in Robinvale. The principal setting is the Murray Valley Aboriginal Health Service.</p> <p>To reduce dental disease and promote oral health among Aboriginal people in the Robinvale community.</p>	<p>Incorporation of a toothbrushing program into the Murray Valley Aboriginal Preschool's policy and curriculum. Oral Health education for parents of young children will be incorporated into the nutrition program at the MCH Centre. Improved relationships between Aboriginal health workers and GPs and increased understanding of oral health service providers in the area. Increased awareness of oral health issues for aboriginal community.</p>
<p>Consensus guidelines for the prevention and early detection of complications of oral mucositis.</p> <p>Peter MacCallum Cancer Institute.</p>	<p>Nursing staff and cancer patients at the Peter MacCallum Cancer Institute.</p> <p>To improve the oral hygiene of cancer patients at Peter Mac with a view to reducing incidence and severity of oral mucositis (inflammation of the lining of the mouth and throat).</p>	<p>Development of Consensus Guidelines to provide systematic and standardised oral care interventions for cancer patients . Development of Best Practice Guidelines for prevention and early detection of complications of oral mucositis. Development of resources including:</p> <ul style="list-style-type: none"> - mouth care brochures - oral assessment tool for nurses to detect and manage early signs and symptoms of oral mucositis. <p>Program to be placed on PMIC website. Use of the standardised assessment tool will form the basis for future data collection, evaluation and research. Practice change - patients now receive a standardised mouth care protocol. Cost savings associated with significant changes to prescribing patterns for multiple oral agents Increased knowledge and skills about oral mucositis assessment and prevention by medical, nursing, dental oncology, pharmacy and nutrition staff.</p>
<p>Teeth for life.</p> <p>Plenty Valley Community Health Service, La Trobe University, Dental Health Services Victoria and Darebin and Whittlesea Maternal and Child Health Services and pre-school dental programs.</p>	<p>Children 0-5 from culturally and linguistically diverse backgrounds in the municipalities of Darebin and Whittlesea.</p> <p>To enhance parental and organisational capacity to support positive oral health messages.</p>	<p>Improved referral and data collection protocols and enhanced service linkages between MCHN, CHS and PDP. Development of draft policy for oral health promotion for M&CHN. Development of culturally appropriate resources including :</p> <ul style="list-style-type: none"> - Oral health information sheets for parents, grandparents and carers - <i>Tooth Tips</i> wall charts for MCH nurses - <i>Tooth</i> development photo card. <p>Inclusion of dental visit prompt in MCHN reminder letters for key 2.5 and 3 year old visits Enhanced oral health promotion knowledge and skills of M&CHNs. Development of effective partnership between Plenty Valley CHS, DHSV, City of Darebin and Latrobe University.</p>
<p>Developing and piloting smoking cessation training for dentists.</p> <p>QUIT Victoria and Australian Dental Association Victorian Branch (ADAVB).</p>	<p>General practice dentists across urban and rural areas in Victoria.</p> <p>To provide general practice dentists with knowledge, skills and confidence to provide effective smoking cessation advice to their dental patients. Objectives included identifying factors that facilitate and inhibit capacity of dentists' to deliver smoking cessation advice in the general practice setting and identifying dentists' training needs with respect to delivering smoking cessation advice.</p>	<p>Development of a smoking cessation training package for dentists incorporating the <i>Ask, Advise, Assist, Arrange</i> model was developed. Identification of dentist's training needs with respect to smoking cessation advice. Smoking cessation training has been incorporated into the curriculum for 4th year dental students and of oral health therapy students at the University of Melbourne. Enhanced oral health promotion knowledge and skills of participants. Dentists are now being included in annual <i>Quit World No Tobacco Day</i> promotions. Strengthened partnership between Quit, the ADAVB, University of Melbourne, DHS and DHS for future development of work in this area.</p>

<p>Improving oral health for people with multiple disabilities. A pilot project.</p> <p>SCIOP; Scope (formerly the Spastic Society of Victoria).</p>	<p>People with multiple disabilities and attendant carers from the Spastic Services of Victoria who live or work at residences in Elsternwick, Parkdale, Edithvale, Moorabbin, McKinnon, Hampton, Bentleigh, Ormond and Glenhuntly.</p> <p>To increase access of people with multiple disabilities to dental services to improve their oral health care. Also to improve oral hygiene of persons with severe and multiple disabilities residing in Scope residences, increase awareness of carers to the importance of oral hygiene and train carers to develop effective oral hygiene techniques. Identify crucial elements of an oral hygiene training package to facilitate change in attitude and knowledge, develop a dental hygiene training package for direct care staff, and increase access to resources and referral.</p>	<p>Development of a comprehensive oral health training package for attendant carers and policy on oral health care for SCOPE residential personal care manual.</p> <p>Additional forms of training are currently being developed for carers such as a mentoring program.</p> <p>Enhanced oral health promotion knowledge and skills of participants.</p>
<p>Oral health promotion project.</p> <p>South West Health Care.</p>	<p>To improve the oral health status of older people and people with a diagnosed mental illness who live in the South West. Adapted from the Yarra Oral Health Promotion Project in order to determine whether selected objectives can be transferred to a rural environment.</p> <p>Older people and people with a diagnosed mental illness who live in the South West.</p>	<p>Delivery of oral health resource kit for mental health workers developed by the Yarra Oral Health Promotion Project. The project is also delivering the DHSV training in <i>Improved Oral Health Promotion for Older Adults</i> to aged care residential and community care workers.</p>
<p>Improving oral health for older people – an online initiative.</p> <p>Victorian College of Pharmacy (Monash University), the Pharmaceutical Society of Australia (Victorian Branch), Dental Health Services Victoria and the Aged Care Association.</p>	<p>Community pharmacists and other health care professionals such as community health nurses, and older people and their carers.</p> <p>To increase awareness among community pharmacists of their role in assisting older people and their carers achieve better oral health.</p>	<p>Development of internet based oral health training program to assist community pharmacists to provide oral health advice to older people.</p> <p>Approval by RACGP and the PSA to award CPE points to their respective members who successfully complete CPE requirements of training program.</p> <p>Increased awareness amongst pharmacists of oral health issues for older people.</p> <p>Establishment of effective partnership between Victorian College of Pharmacy, Pharmaceutical Society, DHSV and Aged Care Association.</p>
<p>Oral health for people with a mental illness.</p> <p>Nth Richmond Community Health Centre Inc.</p>	<p>People with mental illness in the City of Yarra, and mental health and oral health workers.</p> <p>To strengthen the capacity of health services within the City of Yarra to provide oral health information to people with mental health issues.</p>	<p>Inclusion of oral health component in the mental health service client Individual Service Plan.</p> <p>Development of resources including:</p> <ul style="list-style-type: none"> - oral health resource kits for mental health workers and dental staff. - client oral health information sheets in appropriate community languages. <p>Development of website from which material can be downloaded to a wider audience (www.nrchc.com.au/oralhealth)</p> <p>Increase in referrals to North Yarra CHS dental clinic</p>