

SECTION 9

CASE STUDIES

FINANCIALLY DISADVANTAGED ADULTS

LIVING IN ALTERNATIVE ACCOMMODATION

List of Case Studies: Financially Disadvantaged Adults

Living in Alternative Accommodation

Number One: Man, 25 years, Unwell and Underweight, in Squat, Needs Temporary Crisis Care

Number Two: Woman, 40 years, Lack of Housing, Homeless, Needs Temporary Crisis Care

9.1 CASE STUDY NUMBER ONE: MAN, 27 YEARS, UNWELL AND UNDERWEIGHT, LIVING IN SQUAT, NEEDS TEMPORARY CRISIS CARE

Young man, aged 27 years, needs two weeks of temporary crisis care with his partner who is five months pregnant with their third child.

They have been living in a local squat. The children have been with them for short periods before being taken into other care.

He begs for food, and also shares a food parcel given to his partner weekly by a welfare agency.

Once or more weekly he also obtains food from the nightly soup van (soup, sandwich, coffee).

He lacks information and life skills and can probably buy ready to eat food but not organise or cook food.

He may have an intellectual disability and may have suffered traumatic head injury.

He also has a past history of gastritis or diarrhoea, ulcers, gallstones, and pneumothorax.

There is a past history (seven years ago) of substance abuse (three years use of heroin and speed).

It is six months since he left prison. He presents unwell to the clinic nurse with intermittent vomiting of blood and diarrhoea, and is unable to eat very much. He also has dental decay, rotting teeth, and infected gums.

He has no medication and is reluctant to attend the clinic doctor.

<p>Nutritional Risk Screening and Monitoring Form</p> <p>Nutritional risk increases when the person is affected by an increasing number of general needs assessment factors. Deterioration in health and loss of independence can result from undernutrition and perhaps malnutrition.</p>		<p>NAME: Case study number one: man, 27 years</p> <hr/> <p>ADDRESS:</p> <hr/>																					
<p>NUTRITIONAL RISK SCREENING YES to one or more of these questions means that nutritional risk exists</p>	<p>GENERAL NEEDS ASSESSMENT The factors which are relevant to nutritional risk for this client</p>	<p>INTERVENTION Briefly consider what, if any, action you can take (including referral)</p>	<p>MONITORING* Repeat nutritional risk screening How often should this be done? Who can monitor?</p>																				
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<p>* Try TWO weeks of simple intervention strategies (less time if severe weight loss); if no response refer to specialist. Monitoring at monthly intervals (or more frequently) by a team member is recommended to ensure that nutritional risk has been decreased through the most effective intervention.</p>																							
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9.2 CASE STUDY NUMBER TWO: WOMAN, 40 YEARS, LACK OF HOUSING, HOMELESS, NEEDS TEMPORARY CRISIS CARE

A very bright woman, 40 years of age, is admitted to crisis care for four to six weeks because of lack of housing and inability to cope.

She has a history of crisis care admissions once yearly.

As an adult she has lived in a variety of accommodation (low cost hotels, rooming houses). She has been in and out of institutional care since the age of eight years.

She has a past history of psychiatric disability, personality problems and substance abuse (alcohol and drugs), gastritis, diarrhoea and constipation.

Most of her Social Benefit payments are spent on lodgings and a variety of medications.

She tries to send things to her three children who are in care.

She is overweight, her teeth are decaying and she has gum infections and poor oral hygiene.

Always hungry and eating on the run, she scrounges and begs for food.

When she has enough money she purchases junk food (to satisfy hunger) such as a hamburger, a bucket of chips and coffee.

She has a poor diet, omitting one or more food groups most days.

She probably doesn't have any food management skills.

In crisis care she tried to get hold of the cooking pots and pans and was hassled by the other residents.

<p>Nutritional Risk Screening and Monitoring Form</p> <p>Nutritional risk increases when the person is affected by an increasing number of general needs assessment factors. Deterioration in health and loss of independence can result from undernutrition and perhaps malnutrition.</p>		<p>NAME: Case study number two: woman, 30 years</p> <hr/> <p>ADDRESS:</p> <hr/>																					
<p>NUTRITIONAL RISK SCREENING YES to one or more of these questions means that nutritional risk exists</p>	<p>GENERAL NEEDS ASSESSMENT The factors which are relevant to nutritional risk for this client</p>	<p>INTERVENTION Briefly consider what, if any, action you can take (including referral)</p>	<p>MONITORING* Repeat nutritional risk screening How often should this be done? Who can monitor?</p>																				
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