

## Preparing and Eating Safe Seafood

- Never eat any part of a fish you know to be poisonous (like pufferfish).
- Don't eat the organs of any fish.
- Understand how to prepare, cook and serve seafood safely in your home by following common sense rules of good food handling and personal hygiene.

For more information on food handling and personal hygiene, see the Food Safety Victoria brochures:

- *Personal Hygiene for People Working With Food*
- *Hygienic Food Preparation and Handling*
- *Food Poisoning and How to Prevent It*

