



WORKFORCE DEVELOPMENT NEWS

Diabetes Prevention and Management Initiative – Workforce Development – Vol 2 March 2003

Workforce Development Bimonthly Newsletter

This newsletter aims to facilitate communication between the Local Diabetes Service Development projects, the workforce development team and DHS about workforce development (WD) issues such as:

- Training progress across the sites and learnings
- Workforce Development team's progress
- Diabetes and program planning information
- Profiles of other relevant projects and learnings

Please forward the newsletter on to relevant people in your project.

Draft Workforce Skills Analysis Tool Circulated

The draft workforce skills analysis tool was circulated prior to the January meeting of DPMI project workers.

A second draft of the tool incorporating feedback from project staff and the Department has been circulated. Hume Moreland is planning to implement the tool in the next few weeks so they can provide some feedback for the next meeting.

We will provide feedback for other projects in the next newsletter.

We look forward to with project worker from the other 2 projects soon to discuss the tool and it's implementation.

The results from the skill analysis tool will provide a basis of shared expectations and documented training needs priorities.

Assessment Tool name modified

The needs assessment term has been left off the 2nd draft of the tool as it was felt it created some confusion with program needs assessment.

The tool is now called the "Workforce Skills Analysis Tool"

New Study finds..... Intensive intervention can reduce risk of cardiovascular events in patients with Type 2 Diabetes by 50 percent

The Steno-2 study published in the Jan 2003 Volume 5 edition of the New England Journal of Medicine

Compared the effect of a targeted, intensified, multifactorial intervention with that of conventional treatment on modifiable risk factors for cardiovascular disease in patients with type 2 diabetes and microalbuminuria.

The Study found a target driven, long term intensified intervention aimed at multiple risk factors in patients with type 2 diabetes and microalbuminuria reduces risk of cardiovascular and microvascular events by about 50 percent.

For more details:

<http://content.nejm.org/cgi/content/abstract/348/5/383>

Date for the diary.....

Australian Diabetes Educators Association
National Conference
Melbourne Convention Centre, Victoria,
17-19 September 2003

A great opportunity to meet and learn from others involved in diabetes projects. To find out more go to:

<http://www.ads-adea.org.au/>

How responsive is your service to the needs of CALD communities.....

If you're looking for support in this area check out the ***Better Ethnic Access To Services (BEATS) Resource Kit***

The kit produced by ADEC (Action on Disability within Ethnic Communities) has been designed to assist in the provision of responsive services for people from culturally and linguistically diverse backgrounds.

The BEATS resource kit provides practical strategies and resources to ensure that that all people gain access to services regardless of their race, religion, language and cultural background.

The Kit includes:

- A checklist of activities to undertake to improve services to culturally diverse consumers
- A cultural planning framework
- Sample policies and charters
- Information on translation and interpreting resources
- Specific resources

For a copy of the kit contact ADEC:

Phone (03) 9 383 5566

Email: info@adec.org.au

Another useful resource.....

Selecting and Accessing Population Data - An information Resource.

The information resource provides practical information that will assist people working in primary care to select and access population data to assess the health and well-being needs of your local community would be particularly helpful in planning health promotion and early intervention strategies.

Your local Primary Care Partnership should have a copy of this document if try DHS Aged, Community and Mental Health Division.

How aware are your clients with diabetes of the link between diabetes and heart disease.....

Findings of the Diabetes - Heart Disease Link Survey found that of the 2,0008 people with diabetes surveyed:

- 1% Knew that taking aspirin reduces risk of CVD events
- 40% "Felt at risk" for hypertension or dyslipidemia
- 68% Did not know that CVD events are diabetes -related complications
- 75% reported having CVD risk factors
- 93% Did not know that quitting smoking reduces risk of CVD events
- 95% Did Not know that reducing blood pressure reduces risk of CVD events

Source: The Diabetes -heart Disease Link Surveying Attitudes, Knowledge and Risk. The American Diabetes Association & The American College of Cardiology. February 2002

To find out more:

http://www.diabetes.org/main/uedocuments/ataglance_1.pdf

Food For Thought: Fats are bad; carbohydrates are good well it's not quite that simple

The following article provides a clear and concise discussion of the latest thinking around fat and carbohydrate great reading for health professionals and clients

<http://www.abc.net.au/health/features/foodthought/default.htm>

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Did you receive this newsletter from someone else?

If you would like to receive a copy of "Workforce Development News" but were not on our mailing list please email jwillcox@optusnet.com.au with "Subscription WDN" in the subject heading.

Wonderful Websites

Local Initiatives

The Good life Club

A self management program for people with diabetes (over 50).

This project has been developed by a consortium services across the Whitehorse region and offers a rang of services including telephone coaching and internet training check it out on:

<http://www.goodlifeclub.info/>

Great Site

OMNUS

This site comes highly recommended by a number of diabetes educators. The site has free access to resources for diabetes educator, a home page with current articles and free access to diabetes journals.

<http://www.omnus.com.au/>

Diabetes

www.diabetes.com.au

International Diabetes Institute

www.dav.org.au

Diabetes Australia - Victoria

www.diabetesaustralia.com.au

Diabetes Australia

www.diabetes.org

American Diabetes Association

Diabetes & Evidence Based Guidelines

<http://www.diabetesaustralia.com.au/type2-documents.htm>

Australian National Evidence Based Guidelines for the Management of Type 2 Diabetes

http://care.diabetesjournals.org/content/vol25/suppl_1/

American Diabetes Association Clinical Practice Recommendations 2002

http://www.diabetes.ca/Section_Professionals/cpg_98.asp

Canadian Diabetes Association Clinical Practice Guidelines