Check things that can lead to continence problems in people with dementia.

- Inadequate hydration
- Inability to request assistance
- Lack of recognition of early urges to go to the toilet
- Inability to remember what is wanted
- Inability to recognise a toilet
- Poor visibility of toilets
- Poor access to toilets
- Mobility restrictions
- Inadequate history and/or charting of a person
- Medications such as anti-cholinergics, sedatives, diuretics and atropinic drugs

**Further information**

Water for Wellbeing.

Available at: [www.continencevictoria.org.au](http://www.continencevictoria.org.au)