

Better Access to Mental Health Care – Psychological therapy and Focussed Psychological Strategies (FPS) services Summary of MBS item numbers

Service type →	Provision of Focussed Psychological Strategies (FPS) services on referral from a GP, psychiatrist or paediatrician							Provision of psychological therapy services by a clinical psychologist on referral from a GP, psychiatrist or paediatrician	
Patient eligibility →	Patient has a mental disorder ¹ and would benefit from a structured approach to the management of their care needs, and has been referred through a GP Mental Health Care Plan or Review (#2710 or #2712), or consultant psychiatrist Assessment and Management Plan or Review (#291 or #293), or by a psychiatrist or paediatrician							Patient has a mental disorder ¹ , would benefit from a structured approach to the management of their care needs and has been referred through a #2710, #2712, #291 or #293, or referred by a psychiatrist or paediatrician	
Relevant MBS item number →	FPS provided by registered ² GPs #2721, #2723, #2725, #2727	FPS provided by registered ³ psychologists #80100, #80105, #80110, #80115	FPS provided by registered ³ Occupational Therapists #80125, #80130, #80135, #80140	FPS provided by registered ³ Social Workers #80150, #80155, #80160, #80165	Group ⁴ FPS provided by registered ³ psychologists #80120	Group ⁴ FPS provided by an registered ³ occupational therapist #80145	Group ⁴ FPS provided by a registered ³ social worker #80170	Psychological assessment and therapy #80000, #80005, #80010, #80015	Group ⁴ psychological therapy #80020

¹ Mental disorder is a term used to describe a wide range of clinically diagnosable disorders that significantly interfere with an individual's cognitive, emotional or social abilities (refer to the World Health Organisation, 1996, Diagnostic and Management Guidelines for Mental Disorders in Primary Care: ICD-10 Chapter V Primary Care Version). Dementia, delirium, tobacco use disorder and mental retardation are not regarded as mental disorders for the purposes of these item numbers.

² Focussed Psychological Strategies (FPS) services may only be provided by medical practitioners who are registered with Medicare Australia as having satisfied the requirements for higher level mental health skills for the provision of the service. The medical practitioner must provide the service in a general practice participating in the PIP and/or which is accredited. It is acceptable for a GP who is managing a patient through a #2710 or #2712 to refer to themselves for the provision of FPS and use a GP FPS MBS item number if they are registered with Medicare Australia. Information about registration is available through the Medicare provider enquiry line, 132 150.

³ The allied health professional must be registered with Medicare Australia to provide this service. Information about registration is available through the Medicare provider enquiry line, 132 150.

⁴ For the purpose of these item numbers, a group means 6–10 persons.

All information is current as at September 2008. Health professionals intending to use these items should refer to the Medicare Benefits Schedule (MBS) book for more comprehensive information, including the MBS requirements for each item. Alternatively, they can search for specific items at www9.health.gov.au/mbs or telephone Medicare Australia on 03 9605 7964 or contact the local Division of General Practice.