

GETTING STARTED on Integrated Chronic Disease Management

Fact sheet for Primary Care Partnerships

This fact sheet highlights resources which can support Primary Care Partnership staff's orientation to work on Integrated Chronic Disease Management (ICDM).

KEY READING

Chronic Disease Management Program Guidelines

for Primary Care Partnerships and Community Health Services - October 2006

www.health.vic.gov.au/communityhealth/cdm/resources.htm

PCP Planning and Reporting guidelines and tools, including:

Community Health Plan Implementation Agreement (CHPIA) templates, Service coordination Practice Manual, Service Coordination Tool templates and a range of other resources for PCPs: www.health.vic.gov.au/pcps/

Wagner Chronic Care Model

The Primary Health Branch has endorsed the Wagner Chronic Care Model as the framework to develop a service system that responds to the needs of clients with chronic and complex care needs.

To learn about the Wagner model, visit www.improvingchroniccare.org.

Within that website, the following sections are especially relevant to PCPs:

- The Chronic Care Model > **Model Elements**
- Regional Quality Improvement > Regional Framework > **'It Takes a Region'**
- News & Events > **Chronic Care Model Implementation Toolkit**

Fact Sheets from the ICDM Industry Advisor project, including:

- Evidence-based Guidelines and Clinical Pathways for ICDM planning
- Population Health Data Sources for ICDM Planning
- Common Models of Chronic Disease Self-Management Support
- Chronic Disease Management Audit Tools
- General Practice Engagement in ICDM

www.health.vic.gov.au/communityhealth/cdm/resources.htm

DHS Working with General Practice resource guide, includes case studies

www.health.vic.gov.au/communityhealth/gps/position_statement.htm

Jordan & Osborne, **Chronic disease self-management education programs: challenges ahead.** This article provides a useful overview of the barriers and opportunities for enhancing ICDM and system change.

www.mja.com.au/public/issues/186_02_150107/jor10642_fm.html

Innovative Care for Chronic Conditions – Building Blocks for Action.

This World Health Organisation publication (2002) provides guidance on specific building blocks that contribute to improvement of chronic care.

www.who.int/diabetesactiononline/about/icccreport/en/

ICDM presentation for PCPs to use as required

www.health.vic.gov.au/communityhealth/cdm/resources.htm

KEY VIEWING

A **presentation by Professor Ed Wagner**, creator of the Chronic Care Model, introduces the elements of the Model and the evidence behind it. Copies of this on CD were sent to every PCP Executive Officer in mid-2008 – it can also be ordered free from www.improvingchroniccare.org.

WHAT ARE OTHER PCPs DOING IN ICDM?

State-wide ICDM Network

PCP staff working on integrated chronic disease management meet regularly at 50 Lonsdale Street, Melbourne. Meeting dates for 2009 are 4 February, 29 April, 5 August and 2 December. Videoconferencing facilities are also available. Bernadette Hetherington at Hume Moreland Primary Care Partnership can be contacted on (61 3) 9300 3086 or BernadetteH@mchs.org.au for further information about the state-wide ICDM Network.

PCP Chairs & Executive Officers

Meet at DHS Head Office every 4-6 weeks. Some new PCP staff working on ICDM have found it useful to attend this meeting as part of their orientation.

Case Studies from the ICDM Industry Advisor project

www.health.vic.gov.au/communityhealth/cdm/resources.htm

Case studies in Working with General Practice resource guide

www.health.vic.gov.au/communityhealth/gps/position_statement.htm

NEWSLETTERS, BULLETINS & UPDATES

Primary Health Bulletin

This weekly email Bulletin provides information to the primary health sector.

www.dhs.vic.gov.au/rrhacs/ph_bulletin/_nocache?src=email&id=300708

PCP newsletters

Most PCPs produce regular newsletters - subscribing to a selection can be helpful.

Chronic Disease Self-Management Special Interest Group meets monthly with speakers and an associated mailing list is useful - run by the Chronic Illness Alliance.

www.chronicillness.org.au/sig/

Health Knowledge Network Bulletins

Circulated updates of Cochrane systematic reviews www.latrobe.edu.au/cochrane/HKN/

Clinicians Health Channel is a part of the Victorian Government Health Information website that provides access to clinical practice guidelines, 400+ journals, and more. All DHS-funded Public Hospitals and Community Health Centres have been allocated a username and password. www.health.vic.gov.au/clinicians/

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