

Treatment plans: What was intended?



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Policy context

- Consumer and carer participation
 - National Standards for Mental health Services (December 1996)
 - National Mental Health Plan (July 2003)
 - Guidelines for consumer participation (1996)
 - Improved access through coordinated care (September 1994)

Reports

- *Evaluation of Consumer Participation in Victoria's Public Mental Health Services (November 1999)*
- Auditor-Generals report - *Mental Health Services for People in Crisis (October 2002)*
 - 31% of consumers did not have ISP
 - No ISPs met departmental standards
 - Interviews confirmed file audit findings

Treatment plans proposed

- Community treatment order (CTO)
Discussion paper (February 2003)
- Treatment plans proposed:
 - Assist consumers to understand their treatment obligations under a CTO
 - Address the shortcomings of ISPs
- Treatment plans legislated in 2003
- Proposal expanded to include inpatients

Purpose of treatment planning

- Treatment planning provides a framework to:
 - engage the consumer and carers
 - conduct a constructive dialogue
 - enable the consumer to reflect on own health
 - identify priority needs
 - discuss preferred treatment strategies
 - discuss the benefits and risks of treatments