



Treatment Plan Forum – 19th July 2006

Three Challenges for Treatment Plans to Work Well for Carers and their Relatives

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Three Challenges

- Carer Inclusion
- Confidentiality & Common-sense
- Continuity of Carer Inclusion

Carer Inclusion

- Family Carers can play an important supportive role
- Most carers don't know about Treatment Plans and many report unsatisfactory involvement
- When Treatment Plans have worked for Carers, they felt listened to, and...
- Reported that the Case Manager used the Carer's knowledge & experience to enhance the client's treatment

Confidentiality & Common-sense

- First Episode needs of Carers
 - Address confidentiality issues early
 - Promote mutual exchange of information
 - Provide education & reassurance
- Carers' Needs with Changes in Treatment
 - Information & reassurance
 - Identify known risks, alerts & responses

Confidentiality & Common-sense, continued

- Independent Living
 - Carer is often still involved with their relative
 - Carer may welcome ideas on recovery promotion

Continuity of Carer Inclusion

- Discharge Plans across services, and beyond
 - From High Dependency to Inpatient Unit
 - From Inpatient Unit to Early Discharge Management
 - From EDM to Case Management
 - From CM to the Private Sector

Apart from the Consumer, the Family Carer is the only person who knows the whole story