

*This plan is intended to act as a guide only. It does not take into account individual needs or circumstances . Every patient should have an advanced care plan which should be followed, rather than this action plan. If in any doubt, always consult the patient's General Practitioner.*

# **URINARY TRACT INFECTION (UTI)**

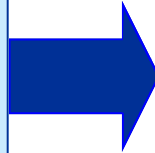
## **ACTION PLAN**

### **EARLY TREATMENT LEADS TO FASTER RESOLUTION OF SYMPTOMS**

**Urine: smells offensive, changes in colour, changes in character and / or is cloudy**

#### **PATIENT HAS:**

- Frequency
- Delirium / confusion
- Behaviour changes
- Localised pain
- Nausea, vomiting
- Fever



#### **URINALYSIS:**

Look for:

- Ketones
- Nitrites
- Leukocytes
- Blood



#### **IF POSITIVE:**

**CONTACT GP AS SOON AS POSSIBLE**



Monitor urine output  
Increased fluids if appropriate  
Maintain good hygiene  
May need more frequent toileting if UTI is present

Source: Eastern Health. June 2006