

This plan is intended to act as a guide only. It does not take into account individual needs or circumstances. Every patient should have an advanced care plan which should be followed, rather than this action plan. If in any doubt, always consult the patient's General Practitioner.

FOLLOWING A RESIDENT'S FALL

ACTION PLAN

ALWAYS CHECK AIRWAY, BREATHING AND CIRCULATION FOLLOWING A FALL. WHEN CHECKING RESPONSES, TAKE INTO ACCOUNT THE RESIDENT'S NORMAL MENTAL STATUS

UNCONSCIOUS:

- Abnormal breathing
- Responding inappropriately
- Conscious state impaired
- Bleeding—requiring sutures (apply pressure)
- Shortening of / rotation of leg
- Extreme pain



**CALL
AN
AMBULANCE**

HIT HEAD WHEN FELL:

- Moderate to severe persistent pain or swelling
- Reduced rate of joint movement
- Unable to bear weight
- Loss of function



**ASSESSMENT
AND TREATMENT
BY Div 1 RN or
CONTACT GP
ASAP**

If in doubt, seek medical advice. Consider what caused the fall and how this could be avoided in the future.