

TNH - Orthopaedics

- **The Northern Hospital, Epping**
- **Elective Orthopaedic Surgery Outpatient Clinic**
- **Triage – Categories 1,2,3**
- **First Appointment**
- **Management Plan**

Elective Orthopaedic Surgery Outpatient Clinic

- **Number on Wait List**
- **Weekly referrals**
- **Wait time for first appointment**
- **Category 2,3**
- **Fracture Clinic**

Screening Clinics

- **UK**
- **Pilot study**
- **Screening clinic**
- **November 2005 – February 2006**
- **Experienced physiotherapists**

Pilot Study

- **Impact**
- **Quality**
- **Acceptability**
- **Experienced physiotherapists vs. orthopaedic surgeon**

Pilot Study

- Agreed diagnosis/management plan.
- 63% did not need to see surgeon.
- Satisfaction survey
 - Referring GP
 - Patient



Positive Outcome

- Reduce number on waiting list
- Reduce wait time for first appointment
- More appropriate selection

Orth/Phys Clinic

- **Clinic commenced 16 January 2007**
- **Two clinics each Tuesday**
- **Competencies required**
- **Specialised Musculoskeletal
Physiotherapist - Grade 4**
- **Grade 2 Physiotherapist**

Managing Barriers To Change Risk Management

- **Orthopaedic Consultants**
 - Flow Chart
 - Protocols
 - Direct referral
 - Discussion
 - Audit Presentation
- **GP's**
- **Patients**



Orth/Phys Outpatients Clinic

- **86 consultations – 5 reviews**
- **Knee, Shoulder, Lumbar Spine**
- **New referrals**
- **Mean age 54 (53)**
- **DNA**

Orth/Phys Outpatients Clinic

**Discharge from Elective Orthopaedic Wait List
= 61(75%)**

- **11% = wait listed for surgery/orth review**
- **64% = did not need to see surgeon**

Pilot: 63% = did not need to see surgeon

Orth/Phys Outpatients Clinic

- **Impact on wait list time for first appt**
 - Cat 1
 - Cat 2, 3
- **Impact on numbers on wait list**
- **Success has driven the development of a clinic of site at the new Craigieburn Health Service.**