

Opioid Overdose Response

Follow these steps for naloxone ampoule injection

1

SAFETY

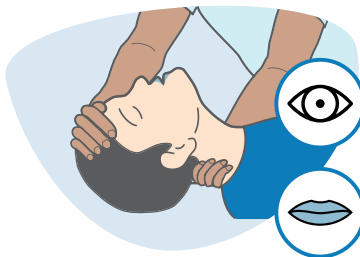
Check the person and area for anything unsafe.



2

OPIOID OVERDOSE? LOOK FOR THE SIGNS

- Not responding
- Pinned pupils
- Not breathing normally – shallow slow breathing or snoring
- Pale or cold skin, blue or grey lips and fingertips



3

CALL TRIPLE ZERO (000)

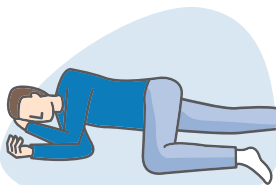
I think it's
an overdose



4

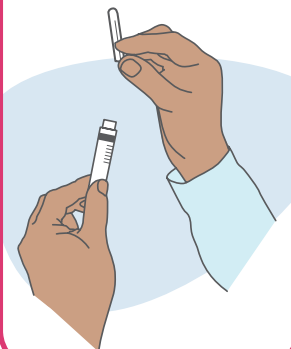
LIE PERSON ON SIDE

Put person in
recovery position.



5

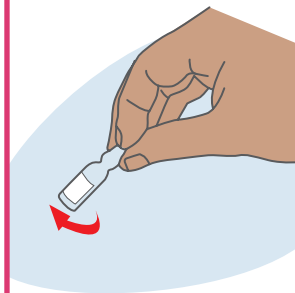
ATTACH THE NEEDLE TO A SYRINGE



6

SWIRL THE AMPOULE

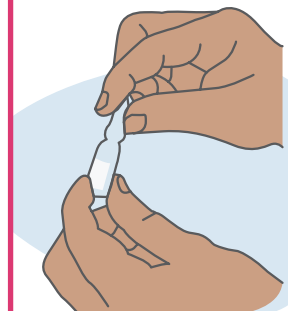
Tap or swirl
ampoule so liquid
is at the base.



7

HOLD THE AMPOULE

Hold base of
ampoule in one
hand and pinch the
top with the other.

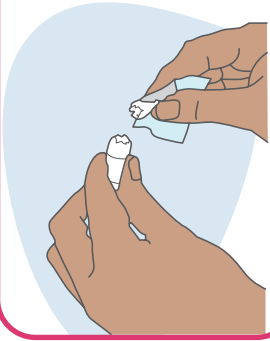


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SNAP THE AMPOULE

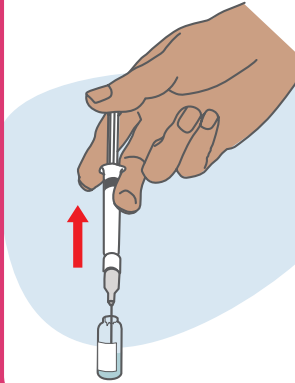
Snap the ampoule top away from you. Use a tissue or pen lid to reduce chance of injury.



9

DRAW UP NALOXONE INTO A SYRINGE

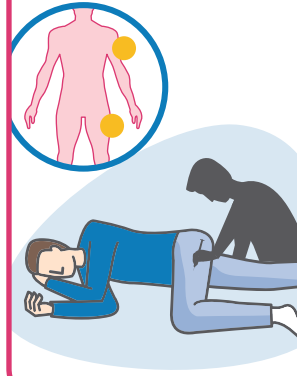
The ampoule holds one full dose of naloxone.



10

POSITION THE NEEDLE

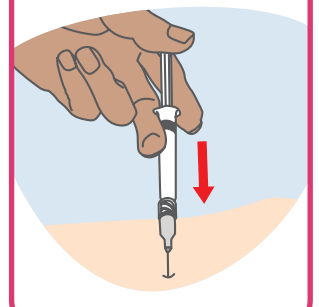
Insert needle into outer thigh or upper arm.



11

GIVE ONE DOSE OF NALOXONE

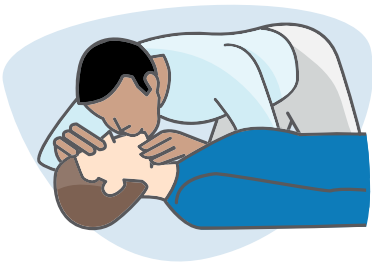
Inject full dose of naloxone. You can inject through clothing if necessary.



12

ARE THEY BREATHING?

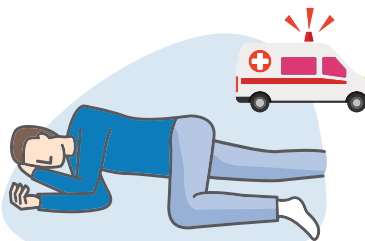
If not, use *rescue breathing* if you know how – lie person on back and give 2 breaths.



13

RECOVERY

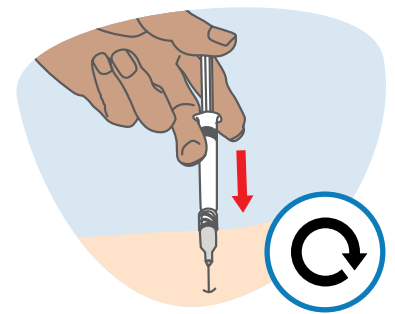
Put person in the recovery position. Stay with them until Ambulance arrives.



14

REPEAT DOSE IF NEEDED

If no response, inject another dose every 2 to 3 minutes until person recovers or ambulance arrives.



Use naloxone to reverse opioid overdose (e.g. heroin, morphine, methadone, oxycodone, prescription opioids, fentanyl). It takes 2–5 minutes to start working and lasts about 30-90 minutes.

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Available from [the department's website](https://www.health.vic.gov.au/aod-treatment-services/victorias-take-home-naloxone-program) <https://www.health.vic.gov.au/aod-treatment-services/victorias-take-home-naloxone-program>.

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